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COMMEMORATING VICTIMS, AND HONOURING SURVIVORS

Public invited to Bridgend Holocaust Memorial Day

THE six million Jewish victims of the Holocaust during Work War Two will be remembered when Bridgend County Borough Council marks Holocaust Memorial Day with a public event on Friday, January 20.

In partnership with Bridgend College,

annual commemoration in the Sony Theatre at 10.30am, will also remember the victims of genocides in Cambodia, Rwanda, Bosnia and Darfur.

A council spokeswoman said: "For the first time in several years, members of the general public are being provided with the opportunity to attend the commemorative event. In total there are 100 seats

available, which are being offered on a first come, first served basis, and will need to be pre-booked.

"This year's Holocaust Memorial Day theme is 'How can life go on?' asking people across the world to think about what happens after genocide and of our own responsibilities in the wake of such a crime."

BCBC's special guest will be Antoinette Mushimiyanana, a survivor of the 1994 Rwandan genocide, in which approximately one million Tutsis and moderate Hutus were murdered in just 100 days.

Aged only 11 when the genocide took place, Antoinette will talk about how life can go on.

Today, she is an active advocate of reconciliation and justice - her focus being on creating peaceful

environments in every society.

The traditional seven statements of commitment will be read out, and a candle of remembrance will be lit by the mayor of Bridgend county, Coun Reg Jenkins.

Community representatives will read moving poems, and the life of Holocaust survivor Elie Wiesel, who died last year aged 87, will be recalled.

This year, students from Bridgend College will complete the ceremony, as well as provide a special performance to close the event.

Invited guests to represent a 'wide cross-section of the community' will include the police, religious and community groups, politicians, schools and college students.

BCBC's Leader, Coun

Huw David, said:

"Marking Holocaust Memorial Day is extremely important to the council, as we commemorate victims, honour survivors and commit to tackling prejudice, discrimination and racism that exists in the present day."

"This year, we have decided to allocate a certain number of seats to members of the public, recognising that many people have a connection to the Holocaust, or at least World War Two, and therefore may have an interest in attending."

"We also place great importance on people learning about subsequent genocides so we are extremely fortunate to have secured Rwandan survivor, Antoinette Mushimiyanana."

Visit hmd.org.uk for more information.

P-p-p-p-pick up a penguin!



Photo by Keith E Morgan.

ABOVE: Supporters of the Sandville Self Help Centre in Ton kenfig were out in force last Saturday for the Twelfth Night Gala Charity Ball, in the Hi-Tide Inn, Porthcawl. (For a report and more photos, turn to page 29).

POLICE APPEAL AFTER FATALITY

SOUTH Wales Police are investigating a fatal road traffic collision which occurred at about 5.05pm on Tuesday, January 10.

A black Renault Clio motor vehicle was in collision with an elderly female pedestrian as she crossed the A4063 (Bethania Street) in Maesteg.

The lady died at the scene.

A South Wales Police spokesman said: "The driver of the vehicle involved has been arrested and is currently in Bridgend Police Station assisting police with their enquiries."

"The next of kin have been informed and specially trained police officers are supporting the family."

"Officers are appealing for anyone who may have seen the collision, or the manner in which the vehicle was being driven prior to the collision, to contact police."

The road was closed in both directions for approximately four and a half hours.

Anyone with information is asked to contact the Roads Policing Unit on 101, quoting reference number 1700011864.

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Busy year for Maendy YFC

MAENDY YFC have been incredibly busy this autumn competing in a variety of competitions including stockjudging, street dancing and public speaking, to name a few.

As a club, Maendy did well in the stockjudging being placed fourth overall. Many members were also placed individually including Lauren David in the under-16 section, first in both the lamb and beef sections.

Beth Jarvis was second in the under-26 lamb section and David Popham was placed third in the pig section. Kate Thomas and Beth Jarvis finished second and third overall in the senior stockjudging section.

A special thank you to Richard Western, Arwyn Pritchard and all our training hosts for your help! A huge well done to Lauren David who went on to represent Glamorgan YFC at the winter fair, where she was placed second in the under-16 lamb section.

Maendy did very well in the street dancing competition and took first place with their Indian street dance routine. The all girls team wowed the crowds with their moves and now go on to the Wales finals in April.

December saw the return of the Glamorgan public speaking day, where we entered junior reading and junior public speaking teams. Both teams had fierce competition on the day but spoke very well in all sections.

Lauren David entered the junior member competition and achieved a highly commendable third place. Heather Jarvis and Kate Thomas also entered the senior member competition. Thanks must go to Hannah Lewis and Jayne Brace for training the junior teams.

Please join us for our parents evening on Sunday, January 29 at the Sony Theatre, Bridgend College from 6.30pm, to see Maendy put on their performance in preparation for the Glamorgan entertainments final.

Glamorgan Hunt will also take to the stage and refreshments will be provided after the performances.

For further information, please contact club chairman, Heather Jarvis, by e-mail maendy.yfc@gmail.com or telephone 07791 250916. You can also visit www.maendy-yfc.com and follow @MaendyYFC on twitter or like 'MaendyYFC' on Facebook for regular updates.

KT

Poppy Appeal breaks the £10k barrier

AT last Sunday morning's service at St Theodore's Church, Kenfig Hill, Malcolm Reynolds, local Poppy Appeal organiser for the last 30 years and recently retired chief merchant marine engineer, was pleased to announce that £10,200 had been raised in 2016 by the Royal British Legion Kenfig Hill and District Branch.

This is the highest sum ever to be raised and the first to pass the £10,000 mark by the branch which covers Kenfig Hill, Pyle, Cefn Cribwr and Aberkenfig. A great achievement for the area, and well done to Malcolm.

KEITH E MORGAN

For the latest stories and breaking news...
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First Responders say 'thank you'

THE Coity & Bridgend First Responder group would like to thank Bridgend Sainsbury's and all their customers for their kind donations that helped raise the sum of £505.67 on December 18.

Our team is made up of volunteers who help support the Welsh Ambulance Service in attending certain 999 calls. This money will help the team to operate and continue to expand within the Bridgend area. More information about what we do can be found at www.coity-cfr.uk

Paul Wiggins,
Team Secretary.

MBE for Bridgend Soroptimist member

BRIDGEND Soroptimist Club is delighted to learn that Anne Morgan was awarded an MBE in the New Year Honours List.

Anne has been a Soroptimist since 1983 when she joined Bridgend Club and has been a dedicated and much valued member.

In addition to her numerous roles within the community, she has worked tirelessly supporting the many projects and causes of Soroptimism and given freely of her time, generously offering her home and beautiful garden over the years for club fund raising functions.

Her recognition is well deserved indeed.

Eileen Bayley,
Bridgend.

Sea Cadets seeking support

HAVE you made your New Year's resolution yet? If the answer is no, why not consider taking on a challenge in aid of youth charity Sea Cadets?

For the first time, we are thrilled to have places available for a host of charity challenges. The money you raise could make a difference, as 93p in every £1 that we receive goes directly to our work with young people. Sea Cadets helps 14,000 10 to 18-year-olds, in 400 areas across the UK, to see the world with confidence, to develop self-belief and skills for life.

The charity's challenges are a team effort between you and us; we offer you support as you prepare and train for your challenge, while you will be helping thousands of young people across the UK through your fundraising.

We have sporting

challenges available such as the Prudential RideLondon and the Royal Parks Half-Marathon, both designed to push you to the limit.

The Snowdon Triple Challenge awaits those who fancy a tough and exciting multi-activity trial, while aspiring sailors may enjoy a day on the Solent with our Maritime Industry Regatta.

If you would like to make a trip abroad, take a look at the Zambezi River Challenge. Not one for the faint-hearted, you will paddle your way along the border with Namibia, Botswana and Zimbabwe, heading for Victoria Falls where you will raft the most tempestuous rapids in the world.

If you are interested in any of these challenges and would like to help raise vital funds for Sea Cadets, please email events@ms-sc.org. Martin Coles, CEO, Sea Cadets.

Readers' Letters

Please keep your letters BRIEF and address them to: **The Editor, at Glamorgan GEM Ltd, Graig House, 53 Eastgate, Cowbridge CF71 7EL or email gemeditorial@tindlenews.co.uk**

Letters and e-mails MUST include your FULL address and a contact telephone number.

An email address alone is not sufficient!

We reserve the right to edit all letters. We do NOT accept anonymous mail.

What hope for principles?

BECAUSE the minds of all British children are bombarded with corrosive visual advertising material since birth, one cannot expect that the adults they have become could find a clear grasp of the virtues, ideals or principles discovered by earlier generations.

When Clem Attlee advanced the 'Collective Ethics of Universal Health Care' in 1948, that 'All shall care for each' in the NHS, his dream was that eventually, all citizens would take a fierce pride in paying taxes to ensure the health of persons unknown to them, and that society would be bound together by a deep sense of gratitude from those who had received the benefits, towards those perfectly healthy people who had found a worthwhile purpose in their own lives by giving to

the care of the sick, in the form of shared taxes.

Citizens who do not experience the reciprocal emotions of pride and of gratitude are not fully alive.

That is how thoughtful people can distinguish an ethical principle, totally different from the many pragmatic, political and opinionated schemes which others devise.

Principles have the power to inspire a higher level of thinking in millions of unprejudiced people, towards a wiser view of human life, and to change the standards by which civilisations are judged.

Only if you can identify principles, can you detect their influence in history.

It must be obvious to everybody – although we have the valuable institution of the NHS to cure the sick – that Attlee's dream of uplifting the moral values of British people is even further from reality than in 1948, because the worship of money – forced upon them by a materialistic media culture – has occupied and dominated the minds and the politics of the population.

Neville Westerman,
Brynna.

Give thanks to Y Bwythyn

MONTHS ago, I had not heard of a place called Y Bwythyn – it is the hospice attached to Bridgend's Princess of Wales Hospital where patients go for symptom relief and end-of-life care.

My husband had prostate cancer for nine years, but became seriously ill during the last year. He spent weeks in wards seven and eight in the hospital

and was very well cared for, but his medical needs became too great for him to remain there.

I had hoped to nurse him at home and had everything prepared. Unfortunately, this was not possible. The Bwythyn has only eight beds but, fortunately, one became available.

The care he received there was exceptional and I cannot praise the staff enough.

As a community, we should make every effort to support Y Bwythyn in every way.

Mavis Lewis,
Broughton.

HIGH TIDE TIMES

(UNTIL JANUARY 19)

The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary.

For instance, in Barry, the high point will be 20 – 25 minutes later.

DATE	Time	Ht	Time	Ht
	AM	M	PM	M
12 Thur	05.55	9.4	18.18	9.5
13 Fri	06.44	9.6	19.09	9.7
14 Sat	07.28	9.6	19.55	9.4
15 Sun	08.13	9.5	20.36	9.4
16 Mon	08.52	9.3	21.17	9.1
17 Tues	09.34	9.0	21.56	8.8
18 Wed	10.14	8.6	22.38	8.4
19 Thur	10.57	8.2	23.23	8.0

While The GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.

We abide by the code of practice upheld by the Independent Press Standards Organisation (IPSO). This contains provisions for issues such as accuracy.

If you have a complaint, write to us at the address below, left, or call editorial manager Don John on 01446 774484. All complaints will be fully investigated. If you are not satisfied with the outcome, you may wish to contact IPSO, Gate House, 1 Farringdon Street, London EC4M 7LG Website: www.ipso.co.uk. Tel: 0300 123 2220. E-Mail: complaints@ipso.co.uk. Enquiries: inquiries@ipso.co.uk.

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Tel: 01446 774484 • Fax: 01446 774108

FACEBOOK: GlamorganGEM / TWITTER: gem_news • sport_gem

News Submissions: gemeditorial@tindlenews.co.uk

Editor Don John: donjohn@tindlenews.co.uk

Tim Chapman tim.chapman@tindlenews.co.uk / TWITTER @TimGlamorganGEM

Philip Irwin philipirwin@tindlenews.co.uk / TWITTER @PhilipGlamGEM

Advertising/Distribution: gemsales@tindlenews.co.uk

Sales Manager: jan.irving@tindlenews.co.uk • Sales Executives: wendy.short@tindlenews.co.uk

vanessa.james@tindlenews.co.uk • aimee.wilson@tindlenews.co.uk

www.glamorgan-gem.co.uk

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PORTHCAWL'S 'CRIB COUPLE' ARE THANKED BY LOCAL CHURCHES



Included in the picture above are: John Berry; John Hanson (representing Tools for Self Reliance); Lindsay Morgan (with plaque); Rosalie Madden; Alun Edwards and Martin Rock.



Reverend Professor Teddy Kalongo, Minister of Trinity Church, Porthcawl, blessing the crib at Trinity Church, in the presence of Lindsay and Margaret Morgan and John Berry.

WORDS AND IMAGES by KEITH E MORGAN.



ABOVE: Mrs Margaret Morgan receives a bouquet of flowers from Mrs Rosalie Madden, the secretary of Church Together in Porthcawl.



ABOVE: Mel Evans of Dawnsyr Penyfai with Coun Rob Lee, Mayor of Porthcawl.

AT a recent social evening at Our Lady Star of the Sea Church, Porthcawl, an illuminated plaque was presented to Lindsay and Margaret Morgan in recognition of their commitment to providing five Christmas Cribbs in Porthcawl and for maintaining them over the last nine years.

The cribbs have now been gifted to the town, through the Chamber of Trade, by Lindsay and Margaret Morgan.

Guests were welcomed to the event by Martin Rock, the president of Churches Together in Porthcawl, who also made the presentation.

John Berry, the president of Porthcawl YMCA, Coun Robert Lee, Mayor of Porthcawl, and Alun Edwards, on behalf of the Porthcawl Chamber of Trade, all spoke at the event.

A bouquet of flowers was presented to Margaret Morgan by Rosalie Madden and entertainment for the event was provided by the Welsh traditional dance group Dawnsyr Penyfai, led by Mel Evans.

Thanks were given to Carol Evans and Madelane Walsh for the catering, and to Mrs Madden, together with John Berry and John Hanson for the organisation.

Mr Berry said: "Nine years ago I was in conversation with Lindsay and we got to talking about Christmas and how, especially in Germany, a Nativity scene is to be found as a prominent part of the Christmas celebrations.

"Why doesn't it happen in Porthcawl? asked

Lindsay'. There wasn't an easy answer to that! "In true 'Lindsay fashion' he took the bull by the horns and the next thing I knew the town was having five Christmas cribbs.

"At the time Lindsay was president of the chamber of trade and he asked if the chamber would support him. They did with a nominal donation.

"We then asked the churches to become involved and bless them as they presented the Christmas story to the town each year.

"The churches became involved at that level, seeing it as a Christian witness to the true meaning of Christmas."

Mr Berry added that since 2009, some venues have changed, from the Seabank Hotel to the library, from Nottage Green to Giffach Goch!

Figures have visited various hostilities – the first year the Three Wise Men at Nottage were found in the Rose and Crown!

Baby Jesus figures have disappeared and been taken to other inns. One year, one was brought from the Lorelei to the midnight service at Trinity.

Mr Berry quoted John Hanson, who said: "It doesn't matter how often He's stolen, it means Jesus is out and about!"

John Berry said that from now on, the cribbs would be stored and looked after by different churches in the town.

He continued: "We are here tonight to recognise the tremendous warmth and gift Lindsay and Margaret have made to the town."



ABOVE: Dawnsyr Penyfai's musicians.
BELOW: The dancers in action.



Choir visits the Emerald Isle

THE tour of Dublin and Drogheda by the Bridgend Male Choir in the latter part of 2016 culminated in a 'choral spectacular' at St Peter's Roman Catholic Church, Drogheda.

Bridgend Male Choir, under the baton of musical director Ryan Wood, accompanists Stephanie Bailey (piano) and Scott Williams (organ), performed with St Peter's Male Voice Choir, Drogheda and musical director Edward Holly to a full church.

Some €5,000 was raised for the local charity Malta Services, Drogheda, which since 1969 has provided support and services to more than 100 adults with intellectual disabilities in the region.

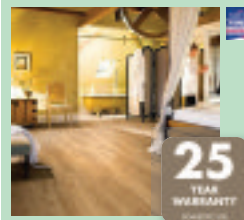
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Good riddance to 2016 – but what lies ahead in these interesting times?

I WAS glad to see the end of 2016. Whether it was Brexit, Trump, Aleppo, false news, cyber-attacks, terrorism, the deaths of so many entertainment icons, from

Leonard Cohen to Carrie Fisher, or something more personal, for many, like me, it was a grim year.

I cannot say I have high hopes of 2017.

I know all too well the difficult choices and decisions to be made in the coming year. But even I was not expecting to spend the first day of the New Year writing yet another letter of condolence and support to the Turkish Ambassador following the murderous attack in the Istanbul nightclub.

The temptation is to call such attacks senseless; they are anything but. They are targeted at all of us.

The aim is to make us all fearful. Will it be me next in the shopping street, the concert, the underground, the pub? The aim is to divide us, to push religious and cultural divides and encourage isolation and division. It is to build disharmony, distrust and hatred.

So there we go. A new year's resolution, to refuse to go down the route of fear, division, disharmony and hatred. If only we could all make that resolution, it would be a better world. My usual resolution to

WESTMINSTER NOTEBOOK

Bridgend MP
MADELEINE MOON
writes an exclusive report from Westminster for GEM readers



exercise more never lasts longer than the first train back to Westminster, as the diary crowds out the promised walks along the embankment and through the parks on the way to and from the Commons.

The year ahead brings many challenges and changes. The inauguration of President Trump takes place on January 20 and then... who knows?

The new President's relationships with NATO, Russia and North Korea are of immediate interest to us all. At a time when our special relationship with the US is under question, we have a strained relationship with our other key allies in Europe.

In 2017, we have a promised vote on Brexit and local government elections here in Wales, while France and Germany hold national elections, possibly bringing new leaders to the world stage.

We have promises of a peace deal over the war in Syria which could alter the balance of alliances and allegiances across the Middle East. There are threats of further terrorist attacks launched by Islamic State across Europe and the Middle East.

Increased cyber-attacks by states and criminals and false news designed to provoke outrage.

They all fall into the Donald Rumsfeld list of 'known unknowns'. We know these events are planned but we don't know the outcomes.

Much more difficult are the unknown unknowns. The things we are not expecting. Who of us expected the resignation of Sir Ivan Rogers?

Who knows how the health service will cope if the weather changes from this mild winter to a bitterly cold one?

While the economy is doing well the pound is falling in value, making imports and travel abroad expensive while our exports and inbound tourism are attractive.

Will that be sustainable? How are we going to successfully tackle the widening gulf between cultures, young and old, sick and well, rich and poor, the home owners and the renters? I worry that these urgent unknowns will be crowded out by a relentless focus on Brexit.

Politics is about deliberation. In politics we are always asking what is needed to create a better future, a better country, a better society

and how do we get there?

Because the future is unknown there is no one answer and many options to consider, examine and discuss. If you watch the Parliament channel at the moment, those debates are going on.

What is worrying is who is calling the debates and how binding are the votes. Too much Parliamentary time over the last six months has been around opposition or backbench business debates, with votes that are not binding on the Government. They can ignore the debate and the outcome of the vote.

One of the fun things I did to start the new year was to talk to the Newton WI. We talked about new words and understanding the business of the House and how you are to track how the Government is working.

Statements, urgent questions, opposition debates and backbench business are not legislation, are not binding on the government. Their role is to gain insight into government strategy and policy direction.

If you want to start 2017 following all of this, email me on moonm@parliament.uk and I will add you to my weekly roundup of events in the Commons.

My best wishes to all of the GEM staff and readers for a happy and peaceful 2017, and may all of our unknown unknowns be small, positive and harmonious.

Pencoe pupils collect hampers for foodbank



YEAR-12 pupils at Pencoe Comprehensive, as part of their skills challenge for their Welsh Baccalaureate qualification, have been working with Bridgend Foodbank.

During Christmastide, the foodbank relies even more heavily on donations from the public, as their organisation is 50 per cent busier in the lead up to Christmas.

As a fun way to collect food donations from pupils, year-12 pupils organised a Christmas food hamper competition. The aim was for each pupil to bring in an item of non-perishable food as a

donation, and for each registration group to pool together their donations to make a hamper.

They collected enough food to feed 12 families of four over Christmas.

Sponsorship for Pencoe
A BIG thank you to Staedler UK, which sponsored the year-12 event 'Bringing Performance Alive in Education' workshops, carried out by Bruck Payne Associates.

Pencoe Comprehensive School is the only school in Wales to complete this programme which aims to inform students about future career options as well as their own personal strengths and attributes.

College pop-up stalls



Above and below: Included in the pictures are Leon Cox, Sioned Wood, Thomas Evans, Marc Ashmen, Rhianne Rodd and Ben Harries.



Bowlers' welcome a donation to stroke club



From the left: Carol Brown, Mal Humphreys, Wendy Williams and Keith Duggan.

IT is always a delight for the Porthcawl Stroke Club members when people give up their time and effort to support the group, making a social life more enjoyable after having a stroke.

Just before Christmas the captain of the Porthcawl ladies' Masonic Lodge bowls team, Carol Brown, and Wendy Williams presented a cheque for £300 to chairman Keith Duggan.

This is not the first time the ladies have supported us, their generosity is very much appreciated, and all money goes for the members so that they can lead happier, healthy lifestyles, which is a very important factor in the recovery process.

On the same day, we had an absolutely amazing presentation by Ceri Joseph, one of the team who saved our Porthcawl Museum through hard work and effort, through sheer

infectious enthusiasm; encouraging volunteers to get involved in such an important project.

Not only has she recreated the love of historical events which relate to the area, but the way she teaches the subject matter is outstanding!

I feel sure schools would benefit from such a provision.

Our thoughts go out to our members who are in poor health at the moment, we are sending special wishes to you all.

A big thank you to all our supporters, to Mr and Mrs Duggan and the volunteering team. Where would our communities be without volunteers?

Anyone wishing to join the Porthcawl Stroke Club, please contact Keith and Mary Duggan on 01656 773376, transport is provided for the less able.

HAVING completed a series of entrepreneurial challenges throughout the autumn months, six Bridgend College students joined 36 students from colleges around south Wales to put their commercial skills to the test by operating a number of pop-up Christmas market stalls in Cardiff city centre on December 15.

The 'Trading Places' initiative, run by First Campus and Big Ideas Wales, saw the budding entrepreneurs take over a unit in the Morgan Quarter and establish it as a festive marketplace in which to sell their own products to the public.

The group of six joined participants from Coleg Gwent, Coleg Y Cymoedd, Cardiff and Vale College, St David's College and The College Merthyr Tydfil, who were selected from 120 students at an Enterprise Skills Day event at Cardiff City Stadium.

At the day-long training camp, the wannabe moguls impressed the judges with their keen business acumen, and all received training and mentorship from some of Wales'

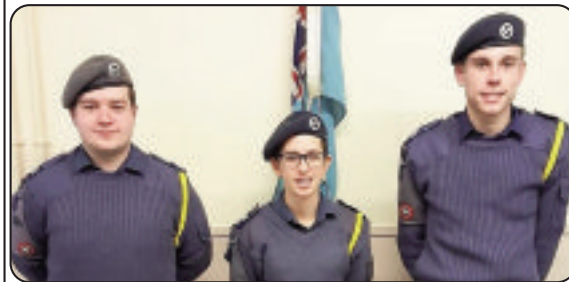
most successful start-up entrepreneurs, many of whom serve as Big Ideas Wales role models.

In the two days leading up to trading day, the teams put together Dragons-Den style pitches to event sponsors, which determined the order in which they could pick product lines to sell.

They then had to conduct market research, formulate a business plan and finalise their products for sale in the 24 hours leading up to trading day.

Rhianne Rodd, a student at Bridgend College, said: "I study business, and Trading Places has been really helpful in terms of understanding the planning and preparation that goes into running a business."

Ruth Rowe, Entrepreneurship Officer at Bridgend College, said: "All the learners participating develop their entrepreneurial and employability skills. Working under tight time constraints and with peers from other colleges they learn very quickly how to start and run a retail business at the busiest time of the year."



Cdt Flt Sgt Morris, Staff Cdt Sgt Williams and Staff Cdt Flt Sgt Leadbetter. Photo by Flt Sgt (ATC) Peckham.

ALL GOOD FOR MOI!

THE year really has started well for cadets from 2117 (Kenfig Hill) Squadron RAF Air Cadets.

Three Master Air Cadets, the highest classification possible, faced the assessment part of their Method of Instruction Course (Mol).

The cadets spent a full day training last year learning about the techniques of preparing for and teaching a lesson. The assessment saw them delivering a 10-minute presentation under the watchful eye of Squadron Leader Lewis.

The standard expected is high. On passing, they will be assisting staff at

the Squadron to deliver lessons to other cadets.

All three cadets, Cadet Flight Sergeant Morris, Staff Cadet Sergeant Williams and Staff Cadet Flight Sergeant Leadbetter passed the assessment.

Each cadet was congratulated by Officer Commanding Squadron, Squadron Leader B C Thomas and on final parade they were presented with their yellow lanyards by Flight Sergeant (ATC) Peckham.

Cdt Flt Sgt Leadbetter and Staff Cdt Sgt Williams have recently been promoted to their current ranks.

Lindsay Thomas, CWC Secretary,

BCBC "authoritarian" over black bag fines

REGIONAL AM Suzy Davies has accused Bridgend County Borough Council (BCBC) of being "needlessly authoritarian" in the way it is proposing to enforce the two black bag rule from April.

Mrs Davies, who is a Welsh Conservative, said: "Without demur, this Labour controlled authority has agreed to give a private company the power to issue on-the-spot fines of £75 to those who fail to comply with the new rules."

"And the cost of employing this private firm is to be met from the income generated by the fines."

"How will the council help the company avoid the perverse incentive to dish out as many fines as possible to ensure that the costs of employing them are more than covered? Surely, the enforcement company should be encouraged to use its discretion to distinguish between ignorance of the rules, accidental "mis-bagging" and deliberate irresponsibility."

Mrs Davies asked what had happened to helping householders who have failed to understand the new rules.

She went on: "Are they to be hit with a fine if they put three bags out instead of two? What if somebody else dumps an extra bag outside your home?"

"These officers will have the power to open bags and inspect your rubbish - often containing personal items. Will people relish the prospect of having their rubbish gone through as if they were living in a crime scene -

just to be sure some recyclable item was not included?"

Mrs Davies is also concerned about the high level of the fine proposed.

She went on: "£75 isn't small change. It can be somebody's weekly income. I know that councils face challenging recycling targets and tough

penalties if they don't meet them.

"But is the extent of recyclable items cropping up in black bags so great that we should have uniform enforcers going through bags looking for an errant baked beans tin?"

"It's time for common sense to creep in and for this to be looked at again."

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Porthcawl choir honour longstanding member with a very special award

PHIL WALTERS, a longstanding member of Porthcawl Male Choir for 27 years, received an associate member award at the choir's annual Christmas service at Arlington Road Church.

During the evening, the choir performed their Christmas programme to a packed hall of family and friends.

The Christmas service was the culmination of a very enjoyable, festive programme where the choir entertained the residents of the Prince Albert residential home in Porthcawl, and also gave a concert to members and friends of the local stroke association at the Grove Golf Club.

This was a memorable evening once again with the evening culminating in John Jones, resplendent in his Zulu tribal outfit, leading the choir in

'African Trilogy'.

The final concert of the Christmas period was the annual RNLI concert at All Saints' Church. Once again, a packed church listened to readings from the Christmas story and songs from West Park Primary School choir and Porthcawl Male Choir.

The choir are now looking forward to a busy 2017 schedule which includes a concert at Porthcawl All Saints' Church for the Urdd Eisteddfod, which takes place this year in the Bridgend borough; a joint concert with Whitland Male Choir in May, a tour and concert to Torquay at the end of May and of course the annual concert on September 30 with this year's guest artist Mike Doyle. It promises to be a fun filled year for all concerned.

ME



Howard Evans, chairman of Porthcawl Male Choir, with Philip Walters.

Self-harm group launches in town

MENTAL Health Matters Wales (MHM Wales) is organising a 'Self-Harm, Self-Help' group.

It takes place on the first and third Monday of every month (excluding Bank Holidays) from 6.30pm to 8pm at MHM Wales, Union Offices, Quarella Road, Bridgend. CF31 1JW.

The Self-Harm Self-Help group is for anyone aged 16-plus who:

- Has personal experience of self-harm and would like to learn alternative coping strategies;
- Used to harm and would like to share your experiences to help others;
- Are parents or carers of someone who harms and want to know how you can help;
- Are professionals who wish to gain a deeper understanding of self-harm from people with lived experience;

• Would like to raise awareness and challenge the stigma around self-harm.

A spokeswoman said: "This is a friendly, informal and non-judgemental group where you are free to disclose as much or as little as you want. You will receive ongoing support for as long as you need it."

"There is no pressure to stop harming. We will share with you the techniques used to reduce harm and discuss alternative coping mechanisms that could work for you."

To find out more about the group, contact Karen Powell on 01656 767 045; karen.powell@mhmwales.org; Alun Fletcher on 01656 651 450; alun.fletcher@mhmwales.org or MHM Wales, Union Offices, Quarella Road, Bridgend. CF31 1JW, telephone 01656 651450/767045; email: admin@mhmwales.org.

Bridgend has 385 children in care. Could you foster one of them?

BRIDGEND County Borough Council is appealing to residents to consider becoming a foster carer in 2017.

Most children and young people will have celebrated Christmas and New Year with their families but there are others who are less fortunate and, for many reasons, are unable to live at home.

Bridgend Foster Care, the council's fostering service, has a shortage of carers and particularly needs to recruit people willing to foster a child in need.

Currently there are 385 children and young people in care but not all of them are placed with permanent families; some are only lucky enough to have short-term placements, some are moved out of the county, while others are placed in residential care.

The cabinet member for social services and early help, Coun Phil White, said: "We continue to have a shortage of foster carers, so in 2017 we need more foster families to keep up with the numbers of children in need of

homes.

"January is that time of year where people are making New Year resolutions and are thinking about challenges and positive changes for the year ahead, so this is a good time to explain how they could make a real difference."

"If people are thinking about making a difference and transforming a child's life this year, I would encourage people to contact Bridgend Foster Care for an informal discussion."

The Bridgend Foster Care team also organises regular meet and greet sessions that provide friendly information on fostering, including a no-obligation chat with social workers and current foster carers. The next session will take place on Tuesday, January 17 at 6.30pm in Bridgend Life Centre.

If you think fostering could be for you then further information is available at www.bridgendfostercare.wales or alternatively, contact the fostering team on (01656) 642674.

Nominate a good citizen

DO you know a local person who would be a worthy winner of a mayor's citizenship award?

The mayor of Bridgend County Borough, Coun Reg Jenkins, is inviting local residents to put forward the names of the special individuals, groups or businesses who deserve recognition.

It could be a volunteer who has regularly gone the extra mile for others over many years, somebody you know who is an exceptional charity fundraiser,

someone who put the local area on the map by achieving something extraordinary during 2016, or a community group that is working wonders.

Coun Reg Jenkins said: "We want to uncover the stories of those 'unsung heroes' who are making a positive impact, and reward fine examples of citizenship and community spirit."

"The awards are our version of the New Years' Honours List, but we can't reward these 'community heroes' without your help."

"The deadline for nominations is fast approaching, so please don't miss the chance to give someone the appreciation they deserve."

Please visit the Mayor's page at www.bridgend.gov.uk to download a nomination form.

The deadline for nominations is Friday, January 27, and the award winners will be honoured at an event hosted by the mayor at the civic offices in Bridgend in March.



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Ospreys rugby stars brighten Christmas for young patients

OSPREYS players and South Wales construction company Westacres teamed up to spread some Christmas cheer to youngsters when they visited Bridgend Hospital children's wards – along with Santa – to hand out gifts.

The Westacres team joined forces with the Ospreys, who took a break from their training routine, to drop into Bridgend's Princess of Wales Hospital to share some festive spirit.

Players including Alun Wyn Jones, Sam Davies, Keelan Giles, Scott Otten, Gareth Thomas, Olly Cracknell, Hugh Gustafson, Paul James and others took time to talk with the children, pose for photographs and give away signed posters, alongside Westacres sales director, Tonia Morgan, who invited Santa along to hand out goody bags for the children.

Tonia said: "It was lovely to be able to bring Father Christmas along to visit the children's wards and meet some of the youngsters throughout the

region who unfortunately had to spend time in hospital over the Christmas period."

Ospreys player, Paul James, said: "It is never easy to see little ones ill, especially at this time of year. But hopefully we managed to cheer them up and, with any luck, the children will make a speedy recovery and be home in time for Christmas Day."

"I'd like to say a big thank you to the hospital staff who gave us a warm welcome. The hospital visits have become an annual tradition for us and the team looks forward to it every year."

"We're all hugely proud to be at the heart of the community and initiatives like this show how seriously the players take this responsibility."

Eirlys Thomas, Head of Nursing for Women and Child Health at Abertawe Bro Morgannwg University Health Board (ABMU) said: "We're grateful to Westacres and the Ospreys for taking time out to visit children in our wards. The youngsters – and some of the staff – were so excited by the visit and it really brightened their time in hospital."

Christmas cheer comes round for Rotary Club

The Singing Santas at Court Coleman Hotel.



THE Rotary Club of Bridgend (RCB) wishes the people of Bridgend a very happy New Year and thanks to all who have given most generously to the club's Christmas charity collections.

Once again, RCB has used the celebration of Christmas to raise funds to assist those who are less

fortunate or in need in the Bridgend area and all the funds collected at Christmas time are used to support local causes and charities.

The RCB would like to thank Sainsbury and Tesco stores for their assistance in providing stabling for the Rotary sleigh and reindeer during the collections at their stores.

The RCB 'Singing Santas' and

friends in the Bridgend Male Choir – assisted by a number of elves who were given the night off – perform their own blend of Christmas carols in various locations in the borough.

"The Santas' gift of time, and the support they receive from the people of Bridgend, reflects the true meaning of the festive season," said a spokesperson.

www.rotarybridgend.org.uk.

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PORTHCAWL NEWS, JANUARY 1917

Iscoed House.



AT the first meeting of 1917, Porthcawl Urban District Council (PUDC) addressed the question of food shortages throughout the country. To counteract the German submarine menace, various schemes and strategies had been considered and implemented, such as an attempt at rationing with the order of restricting meals in hotels and restaurants, in December 1916.

By January 1917, food prices had doubled and with only two or three months' supplies left in the country, new powers were conferred on Lord Rhondda, the 'Food Controller'.

An appeal was made for voluntary rationing in restricting weekly consumption, per person, to 4lb bread, 2½lb meat and ½lb sugar.

At the PUDC meeting, the request to restrict milk and sugar in the manufacture of sweets; and barley in the brewing of beer, was agreed; even by Mr R E Jones who described himself as "a publican and a sinner." Laughter ensued. (Glamorgan Gazette, January 5, 1917).

In response to a letter from the Board of Agriculture, the council unanimously agreed that Porthcawlans be encouraged to manage allotments.

To that end, the PUDC vowed "by hook or by crook" to acquire as much land as was wanted.

The discussion concluded, stating "It is now up to the citizens to do their part." (Glamorgan Gazette,

January 5, 1917)

One Porthcawlian who certainly did play his part was 4th Engineer Officer William Robert Lewis who served with the Mercantile Marine Service.

William was born in Dowlais, Merthyr in 1881. In 1908 he married Jane Houlsey Harrison from Pontypridd and they moved to Stockton on Tees, Durham, where their son David was born on April 18, 1909.

By 1911, they were living at 14 Southall Street, Brynna, Llanharan, where, two months previously, their daughter, Lulu had been born.

On the 1911 Census, William's occupation is recorded as an electrical engineer, which may be why he joined the Mercantile Marine Service, following the outbreak of war. Tragically, William was presumed drowned on January 28, 1917, during the sinking of the SS Yola.

The SS Yola was listed as missing after sailing from New York, January 26, 1917, for London with a cargo of wheat. Some, but not all ships that went missing, were regarded by the Admiralty at the time as a likely war loss, as the German government did not officially declare unrestricted submarine warfare until February 1, 1917.

By the time of his death, William's family had moved to Freshfield, Esplanade Avenue, Porthcawl. In 1932, Jane, married Henry Roderick Evans and moved to 63 John Street, where she died in 1954.

William was one of 17,000 merchant seamen who lost their lives in World War One. All are

remembered on the Tower Hill Memorial, London.

One topic of conversation in Porthcawl that January surely might have been the court case involving the PUDC and Misses Mary Caroline and Lucy Eleanor Brogden.

The plaintiff, PUDC, claimed that, under the Private Street Works Act, the Misses Brogden be charged £180 10s 10d, on the Esplanade Hotel and adjacent land in St Mary Street.

In their defence, the Brogdens stated that they understood that as they had given land to the PUDC for the building of an Esplanade (Promenade), that such charges did not apply.

Mr Justice Sergeant, officiating at the Chancery Court, decreed that the Brogdens had put "too wide a construction on the agreement." (Glamorgan Gazette, January 26, 1917).

He found in favour of the PUDC, yet he accepted the Brogdens' application for financial assistance in meeting the said payment. This case highlights how impoverished the Brogden family had become, since the closure of the docks in 1902, reducing the value of their properties, which were heavily mortgaged.

At the time of the court case, Mary and Lucy had been residing at Iscoed Mansion, Ferryside, near Carmarthen. Mary Caroline Brogden, nee Beete, was the great niece of General Sir Thomas Picton who died at The Battle of Waterloo, 1815.

CONTINUED ON PAGE 9

Esplanade Hotel with Marine Hotel to the right.



James Brogden

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A TRAGIC COINCIDENCE - PORTHCAWL, 1917



Victoria Avenue



SS Yola

CONTINUED FROM PAGE 8

Thomas's sister, Charlotte had married a John Beete and given birth to Mary's father, John, in 1799.

Sir Thomas Picton bought Iscoed Mansion from Sir William Mansel in 1812, while home convalescing from the Peninsular Wars. He had intended to live there, but following Napoleon's escape from Elba, this was not to be. The house was then passed down through various descendants until 1883, whereupon Mary's father John inherited it.

Following John's death in 1887 at the Esplanade Hotel where Mary and James Brogden were then living, the house passed to Mary and her brother Francis.

James died in 1907 in Porthcawl and Francis in 1909. Eventually, as a result of financial difficulties, the house was sold in 1921.

By 1927, Mary Brogden had sold off all her properties in Porthcawl too, and had moved into 72 Victoria Avenue where she died on November 5.

Her daughter, Lucy, died in 1954 at Rose Cottage, Philadelphia Road, Porthcawl. Lucy's death was the end of the Brogden family in our town.

One of the nine servants found employed at Iscoed in the 1911 Census was a maid, Miss Lynette Shorland. Lynette was the daughter of Dr Walter

Shorland of Porthcawl who himself had died on January 14 at a military hospital in Manchester, where he was serving as a surgeon.

While scouring the local newspapers, I came across an article that involved two brothers from Bridgend. Other than, possibly, visiting Porthcawl, or Sidney Thomas playing rugby for Bridgend against the 'Seaweeds', there is no definite link to our town, but I hope that, having read their story, you will forgive me including it in this month's issue.

Sidney Richard Thomas and William Alfred Thomas, known as Alfie, were the sons of Richard and Mary Thomas of Llanblethian, Cowbridge.

Attracted by the Canadian government's policy to encourage immigration, Sid and Alfie emigrated in 1910 but not together, which is significant.

Sid went out first in July and Alfie in September. Sid settled in Victoria and Alfie in Quebec. Still not having made contact, on September 23, following the outbreak of war, they both enlisted into the Canadian Infantry.

Sid joined the 16th Battalion at Victoria and Alfie joined the 3rd Battalion at Valcartier, Quebec.

Their battalions arrived in Britain early in 1915, where upon Alfie visited Bridgend where he expected, to find his family, now presumed to be living at 75 Morfa Street.

However, unbeknown to Alfie, the whole family, including his three sisters, had emigrated to Canada on May 15, 1914, joining Sid in Victoria.

Consequently, Alfie's battalion was posted to the Western front, where they found themselves engaged in battle near Ypres. The Gazette article reported: "Whilst charging with his battalion in one of the Canadian engagements, he stumbled over the prone body of a dead man. Stooping down to see who it was, he found himself looking in to the cold stiffening features of his own brother." (Glamorgan Gazette, January 5, 1917) Corporal Sidney R. Thomas had been killed on November 23, 1915, yet the account did not reach the local newspaper until January 1917.

One may speculate that possibly a relation, via an eyewitness, could have sent it to the Gazette. Incidentally, there is no mention of Alfie's fate, only that he was reported missing in the same issue.

Sadly, we now know that Sergeant William Alfred Thomas was killed on June 13, 1916; and is remembered on the Menin Gate, Ypres, as his body was never recovered. His brother, Sid, is buried a short distance away at La Plus Douve Farm Cemetery, Ypres.

CERI JOSEPH

Planning in Bridgend

BCBC Property Dept – Mynydd Cynffig Primary School, Commercial Street, Kenfig Hill, Bridgend – Works to various trees.

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WINTER ROLLS IN FOR PHOTOGRAPHIC CLUB



Premature retaliation.



Wild ponies.

THE beginning of December was marked by the end of the glorious autumn colours that had stimulated many of our members to get outside and take full advantage of some wonderful photographic opportunities.

Christmas celebrations meant we had just three

meetings last month, starting on December 2 with our third internal competition since September.

There were lots of entries for all four sections, but once again prints outnumbered digital images by a good margin.

Mick Rogers won the colour print section with *Timewarp*, a stunning image that looked as if it had been taken 50 years ago.

Mike Davies topped the leader board for black and white prints with a much more up-to-date sporting shot, while Nick Craddock's timeless image of wild ponies was an easy winner in the digital colour section.

Our second meeting of the month provided something new for the club. Earlier in the year we had exchanged a selection of digital images with Islesburg Photographic Club, which meets in Lerwick in the Shetland Islands.

Our members critiqued the prints that were sent to us and on December 9 it was our turn to receive and

discuss Islesburg Club members' observations and assessments of our images. The evening produced so much lively discussion that we overran our time.

By popular demand, Nick Craddock produced another wide ranging photographic quiz for our final meeting of 2016 and with guests together with an overflowing buffet table we ended the year in style.

The club meets at Ystradowen Hall at 7.30pm on Friday evenings and beginners, intermediates and experienced photographers are welcome. For details go to www.vale-photographic-club.co.uk/programme.html.

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A modern-day pilgrim's progress

STEVEN PAYNE wore clothes in the style of a 14th-century pilgrim on his visit to St Cadoc's Church, Llanrcarfan, on New Year's Eve.

His food and medical kit were also from the period. Steven's pilgrimage of 210 miles took 12 days and, approximately, followed the course that St Brendan took down the River Wye for around the first 40 miles, then navigating it in a coracle for about 110 miles, followed by a 60-mile walk to finish at the site of St Cadoc's Monastery, Llanrcarfan.

St Brendan came from Iona and visited the monastery at Llanrcarfan. Starting at Plynlimon, he visited Llangurig, Llanwrthwl, Erwood, Bredwardine, Belmont Abbey, Mordiford, Ross-on-Wye, Monmouth, Tintern, Caerleon, Cosmeston (via Cardiff), and finally his destination – Llanrcarfan.

He slept in the open and carried a coracle, which he used to navigate the River Wye, where his coracle capsized.

Canon Derek Belcher, the parish priest, greeted Steven and gave him a

blessed hand cross as a reminder of his pilgrimage.

Canon Derek said: "Steven told me about the various homeless people he had met on his pilgrimage. I was touched by the sincerity and spiritual dimension of Stevens' pilgrimage that walked in the steps of St Brendan.

"Our faith reminds us that we should be more open to talking to and helping those who need compassion and help."

Steven has a Facebook page where you can find out more about him.

St Cadoc's Church is open every day and provides a warm welcome to everybody.

Canon Derek said:

"The medieval paintings are a great joy to behold and reflect on."



Canon Derek Belcher (left) with Steven Payne at St Cadoc's Church, Llanrcarfan.

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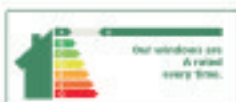
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Stonewall awards 'Diversity Champion' status to ABMU



Calon founders Emma Walters, Mitchell Jones and Matthew Haynes.

LGBT charity Stonewall has awarded ABMU 'Diversity Champion' status.

ABMU has been listed in Stonewall's LGBT careers guide 'Starting Out', for the first time.

The 2016-17 guide highlights UK employers that are recognised as diversity champions for being LGBT (lesbian, gay, bisexual and transsexual) inclusive.

Calon, the health board's LGBT+ staff network, was set up in February last year and since its formation, the health board has signed up for the Stonewall Workplace Equality

Index.

This will assess progress on LGBT+ equality in the workplace and compare ABMU with other organisations.

Calon was founded by Mitchell Jones, Emma Walters and Matthew Haynes, who said they were delighted ABMU had made the Starting Out list.

Mr Jones said: "It sends the message that we are LGBT friendly. We're someone that champions equality. We believe in equality as an organisation, it's something we strive for."

"Anybody who wants to start a career in healthcare will be able to look at this and see that we're there flying the flag."

RAMBLING CAERPHELLY

JUST eight days gone and the Vale Ramblers have already completed our third walk of 2017!

Those New Year's resolutions are proving fruitful; we had a fantastic turn out of 31 enthusiastic Vale Ramblers this Sunday on a great circular walk starting from Castell Coch and continuing up through the surrounding woodlands in the direction of Caerphilly.

We looped back over the peak of Craig yr Allt, where we stopped for lunch while enjoying amazing views over Cardiff, the Channel, the Beacons, Caerphilly and the ever-present 'Old

Smoky'.

The walk was just over seven miles with a sting in the tail towards the end, a long pull uphill before the last descent into the castle grounds. The Forest Tea Rooms welcomed us for tea and cake before taking our well-exercised selves home.

Please join us if you would like to get out walking, it's a wonderful way to start the new year. Our full programme of walks can be found on our website www.valeofglamorganramblers.com.

Next week, the Waterfalls near Ystradfellte will be our destination. Car sharing from Cowbridge Town Hall Car Park, ready to depart at 9am. **JB**

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The BIG Volunteering Fayre offers a new adventure...

GLAMORGAN Voluntary Services (GVS) will be hosting the BIG Volunteering Fayre on Wednesday, January 18 from 11am – 4pm at Barry Memorial Hall.

A spokesman explained: "Come along to the BIG Volunteering Fayre to embark on a new adventure as a volunteer

and open up a world of opportunities.

"There will be a selection of volunteering opportunities promoted, including: mental health, substance misuse, health and social care, fundraising, administration, first aid, community libraries, driving, youth work, children and families' support – and more..."

"Volunteering is a big part of life in the Vale of Glamorgan; it's a good way to get to know your

community better, meet new people, and gain new experiences. You'll also boost your chances of finding paid work."

If you would like to attend just come along on the day and a warm welcome is guaranteed.

For all enquiries, please contact GVS, telephone 01446 741706; email: enquiries@gvs.wales; website: www.gvs.wales; Registered Charity No. 1163193.

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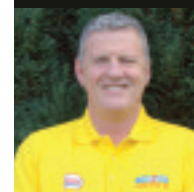
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Bowie keeping an eye out for his new owners



Bowie (Ziggy Barkdust).

IT'S a well-known superstition that Friday the 13th is thought to bring bad luck, but staff at Dogs Trust Bridgend are hoping that it will be a lucky day for Bowie, who has been overlooked by hundreds of potential new owners because of his different coloured eyes.

The three-year-old Lurcher cross has been at the charity's rehoming centre in Bridgend since November and staff are hoping that fate will be on his side on one of the unluckiest days of the year to finally find a good home.

Bowie loves being around people so he would prefer owners who are around during the day.

He has bundles of energy, so owners who can offer off-lead exercise and keep up with him would be ideal.

Call Dogs Trust Bridgend on 0300 303 0292.

JETTISON THE JANUARY BLUES WITH JACI'S ART!

by Andy Johnstone

ARTIST Jaci Harries, Cowbridge born, but now living in Barry following life in Cardiff, Brighton and Essex, is holding an exhibition of her more recent works at the Old Hall in Cowbridge.

This is not, however, the first exhibition for Jaci.

The former teacher, who has painted throughout her life, also held one in early 1991 – and it was reported in an earlier incarnation of The GEM!

Said Jaci: "Since retiring, I have had more time to devote to painting."

"My subject matter varies a good deal," she explained, and a glance at her muse 26 years ago gives a hint of that.

In that painting it was beefily-proportioned rugby players and well-rounded people which still feature in her work.

"I love painting people," said Jaci, whose canon also includes landscapes and how they change through the seasons.

Some artists are notoriously coy about their methods. The ebullient Jaci, however, is not in that camp.



Jaci Harries.

She said: "When I paint, I sometimes smile or even laugh out loud at the ideas that pop into my head."

Jaci hopes the exhibition of her work will similarly make the viewer smile, and banish the January blues, adding that whatever one's taste or preference, there is "...something for everyone to lift the spirit."

Jaci's exhibition opens at 7pm on Friday, January 13 at the Old Hall, Cowbridge.



A coolly moonlit landscape.

THE GEM
for
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UP AND UNDER
Local artist makes a comeback after 20 years

A LOCAL artist has just had her first exhibition in 20 years at the Old Hall in Cowbridge.

Jaci Harries' paintings are described as 'big' – the opposite to the 'pale' watercolours she painted in the 1970s.

"The exhibition features a mixture of landscapes and portraits," she said.

"I'm excited to see my work in the local paper again."

Revival
A homecoming of a sort for Jaci Harries, who has not painted since 1979.

Notice of Jaci's 1991 exhibition.

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Once you've got your initial ideas, an experienced conservatory or orangery specialist will work with you to turn those suggestions into a room that fits your lifestyle.

On a practical level, if your home has previously been extended or the drainage needs to be moved, it will take time to get the necessary approvals.

At Securahome we always project manage the approval process and expect local authority planning permission to take at least 10 weeks, with sewer agreements often involving a similar timescale.

All things considered, once you've made the decision to go ahead, it could take three or four months before you can put your feet up and enjoy your new room. However, having invested the time to design, plan and build it properly we think you'll agree that your new conservatory or orangery will be more than worth the wait!



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Walking aids 'amnesty' announced

FORMER patients of Cardiff and Vale University Health Board (UHB) are being asked to return walking aids they no longer need.

The amnesty aims to not only reduce waste, but also to save thousands of pounds.

A spokesman for UHB said: "After an injury or operation, many aids, such as a frame or crutches are no longer needed and are left in garages and attics to gather dust.

"If unneeded equipment was returned, it could be refurbished and reissued to someone else, saving money as well as reducing waste."

UHB issues more than 10,000 walking aids a year, but only one in three is returned, although one in four is refurbished and reissued to someone else, saving the health board nearly £20,000 per year.

Robert Skellett, physiotherapy walking aids technician for Cardiff and Vale UHB said: "We are asking people to return any walking frames, crutches and three- or four-wheeled walkers that they have been loaned from the hospital or from a community service.

"Working together with the public, we can refurbish more equipment for reuse,

and help reduce waste and save money.

"If everyone shared this message with their friends and family and we could pull together and make a real difference, so why not make it your New Year's resolution?"

Walking aids can be returned to one of these locations: Whitchurch Hospital Outpatient Physio Department (free parking and easy access to the department);

- University Hospital of Wales Physiotherapy Department/Fracture Clinic or Emergency Unit/Concourse, ask at Reception;

- University Hospital Llandough CAVOC Reception/Physiotherapy Department;

- Cardiff Royal Infirmary Physiotherapy Outpatient Department;

- Barry Hospital Main Reception.

If you require any further information, contact Rob Skellett on 02920 746933 or Jade Coleman on 02920 742643.

If you wish to return any other medical equipment as well as walking aids, call Cardiff and Vale UHB Joint Equipment Store on 02920 873669 for the north and east of Cardiff and 02920 712555 for the south, west and the Vale areas.

If you wish to return a wheelchair please call the Artificial Limb and Appliance Service on 02920 313905.

RECRUITMENT has opened in Wales for this summer's crop of beach lifeguards and face to face fundraisers for the RNLI.

Successful applicants for beach lifeguard roles will receive world class training in search and rescue, lifesaving and casualty care techniques, as well as boosting their CVs with invaluable skills.

Recruits will also be trained in using the latest lifesaving equipment including rescue boards, rescue tubes and defibrillators.

The RNLI will be operating a lifeguard service in partnership

with local councils and land owners in the Vale, Porthcawl, Neath Port Talbot, Swansea, Carmarthenshire, Pembrokeshire, Ceredigion and Denbighshire in 2017.

Matt Jessop, RNLI lifeguard supervisor for Denbighshire, north Wales, said: "I think working as a lifeguard has got to be one of Britain's best summer jobs. Of course it's incredible to be able to call the beach your office but far more importantly than that, you are there to make sure the public enjoy it in the safest possible way.

"But make no mistake. This is a demanding job requiring commitment, skill and a clear head.

"We're looking for strong swimmers who can swim 400m with a good level of fitness, aged over 16 years old. If you have the raw ability and the will to learn we can help get you fit and qualified."

The RNLI is also recruiting for face to face fundraisers, who work alongside lifeguards on the beaches in Wales during the summer to provide people with important safety advice.

"They also have a key role in raising money for the charity.

Nick Evans, regional 'face-to-face' fundraising manager, said: "A good fundraiser generally has to be friendly and relaxed, but also

energetic, target-oriented, fun and be passionate about what they do.

"We will provide quality training which will make sure you feel confident and capable by the time summer begins.

You'll be developing new skills, having fun and working at the beach, this has to be one of Britain's best summer jobs."



RNLI lifeguards in action.

VALE COMPANY WINS DOCK GATES CONTRACT

HARRIS PYE, a local marine engineering firm, is to refurbish a set of dry dock gates, weighing 13,000 tonnes, before floating them to Scotland to re-open the historic Kishorn Port.

The work will be carried out at the new Harris Pye facility in Llandow, and is worth £340,000 to the company.

Harris Pye has a strong connection to the Vale, having been based in Barry before moving to Llandow.

Chris David, Harris Pye's chief technical officer, explained: "We are delighted to have won this contract, and to be working on these historic gates.

"We will be floating the gate - no mean feat as

it weighs in excess of 13,000 tonnes; replacing all areas of corroded steel, and the rubber seals; and repositioning the gate prior to pumping the dock out to test the integrity of the gates.

"We will also be strengthening the access road to the dock gate and replacing the flooding covers and fitting new seals on them."

Vale MP Alun Cairns said: "It is great to see this Vale-based company,

which employs so many local people, taking on such a mammoth project to strengthen the UK's maritime infrastructure. This is a great example of firms working together across the UK, spreading prosperity and building for long-term success.

"We are lucky to have a wealth of skilled maritime engineers in the Vale, many of whom will be heading to Scotland to put their skills to good use on this project."

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'OLYMPAGE GAMES' CHAMPIONS PRESENTED WITH THEIR MEDALS

TROPHIES and medals have been handed out to the winners of the 'OlympAge Games' – a Rio inspired wellbeing event which was organised by Bridgend County Borough Council (BCBC) just before Christmas for older residents and people with disabilities.

Over 200 people

enjoyed the of fun sporting activities at the Bethlehem Life Centre in Cefn Cribwr, with teams from local care and day centres taking part in activities such as 'boccia', 'new-age kurling', basketball, target throw and bounce ball.

Cwm Calon Day Centre in Maesteg were the highest scoring elderly team, Bridgend SHOUT forum were crowned winners of the community team category, while the top spot in the disability

category was taken by the Sarn Valleys Gateway Day Centre.

Geoff Cheetham, from Bridgend SHOUT older people's forum, said: "We'd really like to thank the team at BCBC for coming out to do the activities with us and for the OlympAge Games event where we all had a great time."

"We're delighted to be announced as winners and look forward to continuing to work with the wellbeing team to give our members more opportunities to keep active, as we think this is a fantastic initiative."

BCBC's cabinet member for social services and early help, Coun Phil White, said: "It's great to be able to give a trophy to the winning teams to keep as a reminder of the games, though I think everyone taking part were winners, as a good time was enjoyed by all while socialising, having fun and keeping active."

For more information on the OlympAge programme, contact the council's Sport, Play and Active Wellbeing department on 01656 815215 or email aypd@bridgend.gov.uk



Bridgend SHOUT forum were the OlympAge champions.



Cwm Calon Day Centre were presented with their trophy for being the highest scorers in the older people category.



LEFT: The Valleys Gateway Day Centre in Sarn came top of the disability category at the OlympAge games.

A fireman's tale from days of steam: rails to nowhere

PENGAM in Cardiff was once a very busy shunting and marshaling yard with steam trains coming and going at regular intervals.

It was here on a pitch black night in 1961 that driver John and myself were aboard a shunting engine coupled up to 20 trucks of several hundred tons of iron ore ready to be taken on a short, 20-minute run via a steep incline into the nearby steelworks.

The procedure was to move the load to the end of the yard end, which was protected by a signal and a large buffer stop.

When the points and signal were in our favour, we would then move out onto the parallel relief line, en route to the steelworks. With the fire made up and a full head of steam, off we went.

John, meanwhile, had mistaken the green signal on the relief line set for another train.

With full steam power on and the sanders working to stop the wheels slipping, he suddenly spotted our red signal.

It was too late, and

at 25 mph, we ploughed into the stop block, which gave way under the speed and weight of the load, pushing us 30 yards or more onto soft ground.

As the engine settled on its side, we quickly jumped off, unhurt except for a large bump on John's head.

Behind us was a disaster with derailed trucks lying on their side and iron ore scattered over the tracks.

John was later sent to Swindon Rail Headquarters for a medical eye test and then relegated to shed duties for several months.

Undeterred, a year later he repeated it again at Swansea engine shed, with another unlucky fireman, by smashing into the shed's stop block.

For these disasters, he received from his fellow drivers the unenviable name of 'Stop Block Johnny'.

Tony Nicholas, Former Great Western Railway fireman, Barry.

Bridgend man is in a stable condition after B4265 collision

A 47-YEAR-OLD man from Brackla, Bridgend remains at the University Hospital of Wales with serious but non-life-threatening injuries following a collision near Pant Quarry.

Emergency services attended the road traffic collision involving two vehicles on the B4265 near Pant Quarry, St Brides Major.

The road was blocked to allow emergency services access to the scene and to help enquiries.

The accident involved a black Fiat 500 and a green Renault motor car.

Investigations are continuing, and any witnesses who have not yet given their details to police are urged to do so via 101, quoting occurrence 1700010646.



BARRY SIXTH FORM OPEN EVENING

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School's *Little Shop* promises a musical evening of black comedy



Molly Brace (left) will play Audrey to James Evans-Jones' Seymour.



LEFT: Anna Arrieta will be the voice of the man-eating Audrey II – quite a challenge when you consider that Levi Stubbs of The Four Tops provided the voice in the film!

THIS year, Porthcawl Comprehensive School presents *Little Shop of Horrors*, the horror comedy rock musical about a hapless florist shop worker who raises a plant that feeds on human flesh.

While his boss Mr Mushnik bemoans the lack of business, Seymour seeks a way of bringing the shop-and himself-fame and fortune.

He purchases a strange plant from an even stranger oriental street

vendor, naming the plant after his love interest, Audrey. The music is by Alan Menken in the style of early 1960s rock and roll, doo-wop and early Motown, with lyrics by Howard Ashman.

The cast includes James Evans-Jones as Seymour, Molly Brace as Audrey, George Neeson as the dentist, Mitchell Davies as Mushnik, with Anna Arrieta as Audrey II (the voice of the plant).

The show runs at the Grand Pavilion, Porthcawl for four days, January 25-28.

GEM photographer Malcolm Nugent dropped into rehearsals and took some photos.



The chorus, pictured in rehearsal.

Amelia Trust is taking care of local wild birds



The ever-reliant robin brings joy to many.

THE Amelia Trust Farm is giving wild birds an extra hand this winter by holding a number of events aimed at getting children involved in nature.

On January 21 kids can have a go at making wild bird feeders using natural materials. The feeders can be taken home and hung in the gardens ready for the RSPB's 'Big Garden Birdwatch' which is taking place on the weekend of January 28-30.

On January 28, the Amelia Trust Farm is encouraging families to come along and help out with the farm's Big Garden Birdwatch. Families can meet outside the café at 11am for a walk around the farm and woodlands to spot as many different species of birds in

different habitats as possible.

On February 11, families are invited to join farm staff to volunteer with the annual Big Farmland Bird Count organised by the Game and Wildlife Trust.

Families can meet outside the café at 11am. After the walk there will be the opportunity for children to have a go at making some bird feeders to take home.

Full details of all these events can be found on the events section of the Amelia Trust Farm's website: www.ameliatrust.org.uk. Some of the events require pre-booking and are being held as a fundraiser for the Amelia Trust Farm.

All proceeds will raise funds to help support the work that the farm does with vulnerable and disadvantaged young people.

JW



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Health *Beauty* & fitness



GET IN SHAPE WITH ZUMBA!

REBOUND & ZUMBA CLASSES

MONDAY YSGOL GYMRAEG DEWI SANT WELSH SCHOOL. TOP OF HAM LANE, LLANTWIT MAJOR
REBOUND 06:15 PM AND ZUMBA AT 07:00 PM

TUESDAY ST ATHAN COMMUNITY CENTRE
ZUMBA AT 07:00 PM

WEDNESDAY YSGOL GYMRAEG DEWI SANT WELSH SCHOOL. TOP OF HAM LANE, LLANTWIT MAJOR
ZUMBA 07:00 PM

For more information contact Linda on 07964 359 362

Due to demand your rebounder must be booked in advance



It's 'getting in shape' one of your New Year's resolutions? If so, come and check out our fitness classes!

Zumba is a Latin-inspired, easy-to-follow, calorie-burning workout.

It's a musical journey around the world with a fun party atmosphere.

To get you motivated, we are offering a free Zumba taster session; simply cut out the coupon and bring it along to one of our walk-in Zumba classes.

Rebounding is a fun, fat burning workout on a mini trampoline; it is excellent for men and women of all ages and offers a high-intensity, complete body workout that's incredibly good for strengthening muscles and weight loss.

It will improve your cardiovascular system, is super-efficient at toning and it is also proven to be 68 per cent more effective than jogging.

We only use high quality 'Pro Gym UK Rebounders,' which absorb up to 87 per cent impact from your ankles, knees and joints.

Our £4, 45-minute sessions include an additional bonus, with upper body and core exercises included at no extra cost!

You will be challenged, motivated and above all have serious fun!

Due to high demand, you need to reserve your rebounder in advance by calling Linda on 07964 359362. For more information, call today.

Get the Hollywood look in Penarth

SALON owner Louise Pedley has run a successful business, Hollywood Hair unisex salon, at Tennyson Road Penarth for two years.

The property has been a salon since 1964. Louise has 27 years experience in hairdressing, having worked in salons as well as having a successful mobile business before opening Hollywood Hair.

The salon offers a wide range of services from men's dry cuts to hair extensions.

We also have a beauty room and offer facials, facial waxing and ear piercing.

We have a new spray tan room built for ultimate privacy. Julie and Carly are both qualified nail technicians and offer a range of services including manicures, pedicures, shellac and

acrylic extensions.

We offer an affordable, yet very high standard, service using

quality products and most importantly, we are a friendly salon with plenty of free parking.

Hollywood Hair

Free Accessible parking

- Offering facial waxing
- CND Shellac nails and acrylics
- Using Milkshake hair products
- Spray tans

January Offers

- Free conditioning treatment with every full head foils **£55**
- Spray tan and Shellac **£20**
- Any hair service get Shellac nails for **£10**
- Calfon ear piercing **£8**

Closed Tuesday and Sunday
23 Tennyson Rd, Penarth, CF64 2RY
Tel 02920 709176

No joining fee - only £34 per month



COWBRIDGE LADIES GYM

Starting 23rd January for one week only is Boot Camp. Are you ready to challenge yourself? You will be put through a challenging and fun workout.

To book your place contact us on the following



Classes

Tuesday 9.00am and Thursday 4.00pm
FREE for members or £5 to non-members.

FREE introductory one day offer with this coupon!

JANUARY OFFER
6 WEEKS FOR THE PRICE OF 4
ONLY £34.00



4 Eagle Lane, Cowbridge T 07973 778169

E cowbridgeladiesgym@yahoo.com

f Cowbridge Ladies Gym

Open 8.30am to 6.30pm Mon-Fri
and 9.00am to 1.00pm Sat

COWBRIDGE Ladies Gym is a ladies-only gym and is based at 4 Eagle Lane, Cowbridge.

We are committed to helping ladies to feel good about themselves on the inside and the outside, and provide members with a fun, convenient, comfortable environment where you will find all the support you need to meet your goals.

The hydro fitness workout takes just 30 minutes and includes all the components needed for a complete exercise programme - warm-up, cardiovascular, strength training, cool down, and stretching.

The gym is based on circuit training concepts. This is where different activities are undertaken for a short time (between 30 and 60 seconds), known as interval training.

We also offer one-to-one personal training at no extra cost to our members.

This personal training by our qualified personal trainer is designed to give you professional, one-on-one training designed specifically for you, your goals and your fitness level.

In addition we offer a monthly measure and weigh in at no extra charge.

Revitalise your skin at Vale Laser clinic

WOULD you like firmer tighter skin? Clearer, smoother complexion? Reverse the signs of ageing? Never wax or shave again?

Vale Laser Clinic in St Athan Village is able to help. Our purpose-built clinic offers the best non-invasive anti-ageing treatments available.

With no down time, you can remove sunspots, lift and tone facial muscles or have laser hair removal in as little as 30 minutes.

Our British-made Lynton Laser

machines and CACI facial toning system use the latest technology to give long-lasting fantastic results.

We have 20 per cent off all IPL and laser treatments including tattoo removal through January, as well as exclusive launch offers for CACI treatments that are too good to miss.

Consultations are free, we can talk about any concerns you have and discuss treatment options with no obligation.

To book an appointment, call Emma on 01446 750880 or email emma@valelaserclinic.co.uk. You can also keep up-to-date with all our latest news and progress pictures on Facebook.

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emma@valelaserclinic.co.uk www.valelaserclinic.co.uk

VALE LASER CLINIC

Age spot removal available at Vale Laser Clinic, St Athan Village with 20% of ALL treatments in January.

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01446 750880 emma@valelaserclinic.co.uk www.valelaserclinic.co.uk

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BARRY LAD IS MASTER OF OSTEOPATHY

BORN and raised in Barry, Rob David trained in London to be among the first to gain the newly enhanced qualification: 'Master of Osteopathy'.

He has returned to open a clinic for all your aches and pains at Highlight Osteopaths, situated in Highlight Park, Barry.

Osteopathy is a system of diagnosis and treatment that takes the whole body and situation into account – your whole body mechanics, work/rest

balance, emotional difficulties, office set-up, hobbies enjoyed and sports played, etc.

At Highlight Osteopaths, we see headaches and neck pain, pain in upper and lower limbs, wrists, hands, hips, knees and ankles... and of course, bad backs are our bread and butter!

In pain? Book a consultation, half price until the end of February 2017! Call Rob on 02921 286706 for an appointment.

JUST 4 GENTS MAKES ITS MARK IN PENARTH

JUST 4 GENTS barbershop, a family run business, is successfully entering its ninth year of business.

Owners Alex and Caroline, and their staff, are state registered barbers at an advanced level certified by the British Barbers' Association.

Just 4 Gents takes pride in its work specialising in scissor cutting, fades and all other aspects of men's barbering using a wide range of techniques and the finest products.

It is a popular choice

for men in Penarth and the surrounding areas.

The shop operates on a walk-in basis; no appointments are necessary. Just 4 Gents knows that men's styles

are forever changing and can be found in fashion, music and sport. Staff recreate and adapt those using their own ideas which is rewarded with repeat custom.

Just 4 Gents
WALK IN BARBERS

British Barbers' Association State registered with British barbers association

All aspects of mens barbering
Fades and traditional cutting

Tuesday-Wednesday 9:00-5:30
Thursday-Friday 9:00-6:00
Saturday 9:00-4:30

Last service is 20 minutes prior to closing.
9c Cornerswell Rd, Penarth, CF64 2UW
07538 094448

Tackle your stress levels with yoga

If you are feeling tired, bloated or sluggish after the Christmas holidays, yoga could be the solution.

As well as improving flexibility, yoga can help to release long held areas of tension in the body.

The symptoms of stress, which can be both mental and physical, are commonplace nowadays, which is one reason why so many people are turning to yoga.

At Rosalind Baxter Yoga, you will be encouraged to work at your own level. Classes always include flowing sequences of postures and relaxation and sometimes incorporate meditation and breathing practices.

If you have always wanted to try yoga, come along and see what you think. Contact Rosalind on 07538 544188 with any queries.

NEW TO BARRY

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In PAIN?

Consulted with

Consult your local Osteopath, **ROBERT DAVID (M.Ost)**

Normally ~~£30~~ Just **£15**

Special opening offer valid Jan-Feb 2017

Contact

HighlightOsteopaths.co.uk
 02921 286 706
 RobTheOsteopath@gmail.com

Practice address: 31 Lakin Drive, Barry, CF62 8AH

LET MAZ HELP YOU MAKE A DIFFERENCE!

THE Bay Health and Fitness Club are pleased to announce that Mathew "Maz" Mazzitelli has joined as gym and pool manager.

Maz is an ex-RAF PTI instructor, Level 3 personnel trainer and on the register of Exercise Professionals. He can offer pre-military and personal training.

Just 30 minutes – three times a week – will make a difference! You will not only look and feel better, but you will be better!

If you have never used a gym before, you don't need to feel intimidated, as our staff will show you exactly what to do and how each piece of equipment works!

We offer a warm welcome to everyone, but don't just take our

word for it!

Why not come down and see for yourself?

Remember if you join in January, we offer a free four-week training programme and no joining fee.

Call Maz on 01446 710386 for further information.

Yoga Class

Monday 10.30am. Cowbridge Free Church, Westgate, Cowbridge (entrance to rear on Broadshoard) **Monday 8pm.** Ystradowen Village Hall, Ystradowen.

£6 per class or £33 for 6

Classes are suitable for both beginners and improvers and are 1 1/4 hrs long.

Bring a mat if you have one, water and wear comfortable clothing.

Please contact Rosalind with any queries on **07538 544188**
 Rosalind Baxter Yoga
www.rosalindbaxteryoga.co.uk

Fontygary Leisure Park

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The Bay Health & Fitness Club



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Joint (2 adults) £50

All inc £30 (swimming pool, health spa and gym)

Senior £25 (over 65's) Student £25

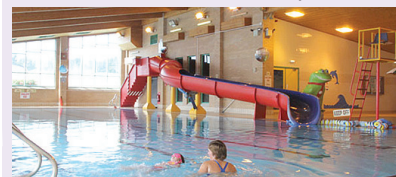


SWIM

Adult £4
Child £3.50

DAY PASS

Gym Spa £5
Swim/Spa £5



Special concessions for MOD/Emergency Services
Join in January and get a free 4 week programme. No joining fee!

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01446 710386

GYM OPENING HOURS

Mon - Fri:
8am - 9pm.
Sat & Sun:
8am - 5pm.

Denture Design Centre's top tips for looking after dentures

AT Denture Design Centre we are aware that many people are incorrectly looking after their dentures.

In most cases this is not the fault of the patient but a lack of information supplied to them. Here are a few tips to help:

Cleaning: We always advise cleaning dentures with denture cream and a soft brush, not abrasive toothpaste that can scratch and damage the dentures. We never recommend soaking dentures in solutions that contain bleach, as this can discolour and weaken them.

Brushing: This should be done whether you have all your teeth or none. Brushing your gums will increase blood supply to them, keeping them healthy and allowing your dentures to fit for longer.

Removing dentures at night: This is advised but not always possible. If uncomfortable, leave in. If removed, place in

a glass of water.

Regular check-ups:

These are still important, even if you have no teeth, to make sure your gums stay healthy. This can be done with us. If

you still have remaining teeth you will need to see a dentist.

Repairs: Never try to repair them yourself. Take them to a dental technician or dentist to

be repaired.

For more information visit

www.denturedesigncentre.co.uk or call us on 01656 767806.

Denture Design Centre

Dentures made by a qualified clinical dental technician at Bridgend's only denture studio direct to you.

Please ring for a free consultation

Tel: 01656 767806

www.denturedesigncentre.co.uk

Email: denturedesigncentre@outlook.com

Find us at: 1D Crosby Yard Ind Est, Wild-mill, Bridgend CF31 1JZ

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(Behind the Pump House and West Quay Medical Centre)

Telephone 07506 936346
Follow us on Facebook 
www.hydrofitness.co.uk

Hydrofitness has been providing members with a fun, convenient, comfortable environment since January 2007.

A spokeswoman explained: "We are committed to giving ladies all the support they need to meet their goals and to feel good about themselves on the inside and outside."

"The Hydrofitness work-out takes just 30 minutes and includes all the components needed for a complete exercise programme – warm-up, cardiovascular, strength training, cool down and stretching."

"What makes us different? You get fun, friendship and fitness in just 30 minutes."

"Having fun while exercising makes it easy to keep coming back."

"It won't take up much of your time – 30 minutes, three to five times a week at the gym."

Tiona would like to thank all her members for their continued support over the last 10 years.

New members are always welcome – here's to the next 10 years!

A professional, warm and friendly service

RS PODIATRY is a well established Podiatry and Chiropody Practice, based at Highlight Park Medical Practice in Barry.


Rebecca is fully qualified, having gained a BSc (Hons) degree in university and she is a trusted member of The Society of Chiropodists and Podiatrists, and The Health Care Professions Council.

At RS Podiatry our services are available to all ages, from children to the elderly – whether for the treatment or diagnosis of a specific foot problem to simple nail cutting.

We specialise in the treatment of nervous patients and can accommodate patients with impaired mobility.

At RS Podiatry we offer a warm, friendly professional atmosphere in a clean, clinical environment at affordable prices.

For an appointment please call – 01446 734064



Rebecca Skinner BSc (Hons) MChS
HCPC Registered Podiatrist / Chiropodist


Diagnosis, treatment & advice for all foot related problems

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- Ingrowing & Fungal Nails • Nail Surgery
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Highlight Park Medical Practice, Lakin Drive, Barry, CF62 8GP




Begin Pilates in 2017

TWO new Pilates classes for beginners start in Barry on Friday, January 20.

Both classes provide an introduction to Pilates for complete beginners, or those with a little experience.

The January 20 6pm class is an ideal way to start your Pilates practice from the very beginning.

The 10.45am class is the new APPI Beginners Pilates class. This small class is for a maximum of eight people.

A 121 Pilates assessment is needed to attend this class, which allows for a

brief screening of any existing health or injury issues and costs an additional £20.

There is ample opportunity to progress your Pilates, with lots of other classes available from beginners to advanced.

Classes are led by Sharon Sylvester, a

qualified Pilates teacher with the Australian Physiotherapy and Pilates Institute.

The classes are at St Nicholas Hall, CF62 6QX and both courses last for five weeks and cost £39. Booking is essential.

Barry Pilates Classes

Mondays, Thursdays & Fridays
At St Nicholas Hall, Barry

2 New Beginners Pilates Classes

Starting Friday 20th January 2017
At 10.45am and 6pm

To book: Sharon 07830 085606
sharonpilates@hotmail.com
www.barrypilates.co.uk



New Group
Tuesday 9.30am
from 3rd January
Cornelly Methodist Church
(opp Cornelly Surgery)
Dee 07733 267369

New Group
Wednesday 7.30pm
from 4th January
Buttrills Community Centre,
North Walk, Barry
Martin 07827 445570

Mondays 5.00pm
and **7.00pm**
Cadoxton Moors
Community Centre, off
Cardiff Road, Barry
Julie 07903 585693

Mondays 5.00pm
and **7.00pm**
Celtic Way Community
Centre, Rhooose
Helen 01446 750738/
07968 355119

Mondays 5.00pm
and **7.00pm**
Tabernacle Church
Kings Square, Barry
Lorraine 01446 407002

Mondays 5.00pm
and **7.00pm**
Gilgal Church Hall
Woodland Av, Porthcawl
Bev 07912 172674

Tuesdays 9.30am
and **11.30am**
Parish of Our Lady & St Iltyd,
(Catholic Church), Ham
Lane East, Llantwit Major
Helen 01446 750738/
07968 355119

Tuesdays 5.30pm
Holy Trinity
Presbyterian, Church Hall,
Trinity Street, Barry
Joanne 01446 404897

Tuesdays 5.30pm
and **7.30pm**
Parish of Our Lady & St Iltyd,
(Catholic Church), Ham
Lane East, Llantwit Major
Helen 01446 750738/
07968 355119

Tuesdays 6.30pm
The Old School, South Road,
Sully CF64 5TG
Nicola 01446 740394

Tuesday 5.30pm
and **7.30pm**
Cornelly Methodist Church
(opp Cornelly Surgery)
Dee 07733 267369

Wednesdays 6.00pm
Cadoxton Methodist
Church, Church Road, Barry
Joanne 01446 404897

Wednesdays 4.45pm
and **6.45pm**
St Francis Millennium
Centre, Park Road,
Porth-Y-Castell, Barry
Annmarie 01446 736534

Wednesday 3.30pm
and **7.30pm**
Bridgend Deaf Club,
Coychurch Road, Bridgend
Helen 07714 170908

Wednesdays 9.30am
and **11.30am**
All Saints Church Hall,
Victoria Square, Penarth
Linda 01446 761150/
07809 901008

Wednesdays 5.00pm
All Saints Church Hall,
Victoria Square, Penarth
Linda 01446 761150/
07809 901008

Thursdays 3.30pm
and **7.30pm**
Talbot Community Centre,
Kenfig Hill
Millie 07765 040006

Thursdays 10.15am
St Helen's Church Hall,
Wyndham Street, Barry
CF63 4EL
Nicola 01446 740394

Thursdays 5.30pm
Highlight Park Community
Centre, Barry
Annmarie 01446 736534

Thursdays 9.30am
Nolton Church Hall, Merthyr-
mawr Road, Bridgend
Donna 01656 669739

Thursdays 5.30pm
Pencoed R.F.C. Velindre
Road, Bridgend
Donna 01656 669739

Thursday 9.30am
Talbot Community Centre,
Kenfig Hill
Millie 07765 040006

Thursdays 3.30pm
and **7.30pm**
Sarn and Brynawls Social
Club, Brynawls Road, Sarn
Scott 07415 724562

Thursdays 5.30pm
and **7.30pm**
The Cabin (Next to Swim
Pool), Rear of Hebron Hall,
Cross Common Road,
Dinas Powys
Linda 01446 761150/
07809 901008

Fridays 9.30am
and **11.30am**
The Cabin (Next to Swim
Pool), Rear of Hebron Hall,
Cross Common Road,
Dinas Powys
Linda 01446 761150/
07809 901008

Saturdays 8am and 10am
Nolton Church Hall, Merthyr-
mawr Road, Bridgend
Rachael 07809 626285

Saturdays 7.30am
and **9.30am**
Buttrills Community Centre,
North Walk, Barry
Martin 07827 445570

New project aims to help businesses move up the food chain



Small food businesses across Wales will benefit from the new project including local enterprises such as Ty Tanglwyst Dairy near Pyle.

SMALL food businesses in rural parts of Wales are set to be given help to reach new markets thanks to a project being led by Bridgend County Borough Council (CBCB).

The council has been awarded £600,000 from the Welsh Government to oversee a new 'food supply chain' project in partnership with 11 other local authorities.

The three-year initiative will focus on creating strong supply-chains so that small rural-based firms can work together to meet the demands of retail and tourism businesses for locally-produced goods.

Coun Charles Smith, CBCB's cabinet member for education and regeneration, said: "The majority of food and drink businesses in Wales are independent producers, with just eight per cent being part of a larger organisation."

"With this in mind, local supply chains are absolutely essential. Retailers and hospitality providers need to be confident that the demands of their customers for local goods can be satisfied."

"Consistent quality and supply is vital, and this can create a barrier for small producers who have limited capacity."

"To overcome this, the project aims to maximise economies of scale through collaboration, co-operatives and networks. By working together and creating strong clusters, this sector of the economy has huge potential to grow. Local supply chains can also drive down the carbon footprint of our food."

"The council's 'reach' rural development team has been developing the proposals over the past

two years and we are very grateful for the support we have received from our partners in other local authorities. We look forward to taking the lead on this exciting initiative."

The project will continue to seek opportunities to 'dovetail' with the existing support available such as Cywain, Farming Connect, Social Firms Wales and others to avoid duplication of any funded activity.

The project will be led by CBCB in partnership with other rural development plan local action groups, which are: Caerphilly and Blaenau Gwent, Cwm Taf (Merthyr Tydfil and Rhondda Cynon Taf), Vale of Usk (Monmouthshire and Newport), Neath Port Talbot, Powys, Torfaen, and the Vale.

The Cabinet Secretary for Environment and Rural Affairs, Lesley Griffiths, said: "Wales' food and drink industry is thriving and we are already more than half way towards our target of achieving 30 per cent growth by 2020. I look forward to hearing about the future success of projects involved in this exciting initiative."

The project has received funding through the Welsh Government Rural Communities – Rural Development Programme 2014-2020, which is funded by the European Agricultural Fund for Rural Development and the Welsh Government.

For further information, contact Rhiannon Hardiman, rural development programme manager at CBCB by calling 01656 815080 or emailing Rhiannon.hardiman@bri-dgend.gov.uk.

visit the website for delicious recipes
slimmingworld.co.uk
0344 897 8000



'How two little girls, decades apart, showed me how little we learn'

*A reader's reflection
by
Barrie David
Corcoran*

AS time races by and becomes decades, arriving at what folks term "the twilight years", you begin to consider the irrefutable reality that you are closer to the end than you are to the beginning.

You can either worry about it, or laugh at it with such thoughts as 'wanting to be shot by a jealous husband while hiding in a bedroom cupboard'.

Inevitably, as the passing years bring glasses, hearing aids, dentures and lumbago, they bring a time for reflection on the highs and the lows of your life: the laughter, the tears, and the fleeting moments that stubbornly linger in your heart, your head and your very soul.

For me, such a reflection happened in 1976, and revolves around two little girls who changed my perception on life to this very day.

Gazing at the screen in my mind's eye, sometimes in the wee small hours when sleep won't come, there is a

waiting, unrelenting tapestry of my yesterdays that are worthy of note.

In the 1950s, like untold legions of children, I was dropped onto the educational dung heap when I failed the notorious eleven plus exam.

At 15, I discovered all there is to know about violence and abject terror when I became a victim of both.

At 17, I was shaving my terminally ill father, who died weighing four stone.

I can watch the screen fill with unforgettable moments such as watching my third daughter being born, after which came my James Bond period when I enlisted in a reserve airborne unit.

The passing years brought travel - lots of it - ranging from America, China, Russia, and almost all points in between; and although I can easily visualise such interesting mileage as walking around the bottom of the Grand Canyon keeping an eye open for rattlers, or looking down with moist eyes at the 'King's' grave in Graceland, I somehow always return to a chance visit to Belsen

Concentration Camp where I saw the first of the two little girls.

There were four of us, all Paras, who came upon the camp while 'swanning' around the German countryside in a Land Rover.

It wasn't what we expected, no rows of wooden huts or immense perimeters of barbed wire.

Instead, we saw a tranquil, vast, open area of pathways interspersed with the random mounds of mass graves enclosed by low stone walls.

Preceding the camp was a museum depicting horrendous films and pictures of what happened there.

One picture showed a half-starved little Jewish girl, about ten years old, who wore striped prison garb and stared out from a wire enclosure with haunted eyes that had clearly witnessed unspeakable horror.

We spent over two hours at the camp before leaving, but I simply couldn't get her out of my mind.

Two days later, as we lounged around Hanover International Airport for the RAF Hercules that would bring us home, I bought a newspaper stating how Britain was in the

grip of a fierce heatwave leading to water standpipes in streets (1976) and trade unions rumbling that later became the winter of discontent.

Then, as I was about to hand the newspaper to one of my friends, I saw a picture of another

little girl, identical to the girl I'd seen in Belsen, but minus the prison garb.

All but naked, she was clearly African but equally emaciated.

Beneath the picture was a caption with the wording: "Two pounds can keep this child

alive for another two weeks".

I found the obvious comparison between the two girls intensely moving but more so, hugely thought-provoking. There were 30 years separating those two little girls, and another 40 years

have elapsed as I write this in early 2017.

World leaders have come and gone, so have mediocre politicians, countless household names who achieved little except immense fortunes.

It is a pitifully sad condemnation of how

little we have learned, or progressed that countless children like those two little girls appear in our homes with the same desperate appeal, the same poverty, and the same pointless waste of life every time we turn on our televisions.

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or email admissions@christcollegebrecon.com

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Keep your dog fit and healthy with Eva's Dog Adventures

MY name is Eva Armstrong and I run Vale Dog Adventures, your dog walking and pet sitting service for the Vale of Glamorgan.

At Vale Dog Adventures, I would like to help people who love their dogs and want to provide them with the essential exercise they need, even when they are at work or are unable to walk due to another reason, such as ill health.

I deliver excellent customer service for both owners and their dogs and I am fully insured and registered with the National Association for Pet Sitters and Dog Walkers.

With me, your dogs

will go for play and fun-filled walks, jogging and outdoor adventures.

We are out and about in any weather, either at the beach or in the beautiful Vale countryside. All walks include some positive behaviour training and ball or scent games.

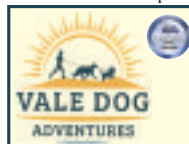
I also offer puppy visits and house and pet

sitting.

Please contact me for a free meet and greet, by email at eva@valedogadventures.co.uk.

In addition I offer puppy visits, senior dog care and pet sitting.

Please contact me if you would like to have a chat about the services I offer.



Adventure Dog Walks and Hikes

All about your dogs having fun filled walks and hikes.

Contact Eva Armstrong on 07554 002665 for further information



AN EXPERT'S ADVICE COULD AVOID DISPUTE

BRENDAN SWEENEY of David Prosser & Co Solicitors, writes:

It is estimated that 60 per cent of the UK population do not have a Will.

A Will takes effect on your death and is an

instruction as to what is to happen to your estate.

Probate disputes and challenges to Wills are becoming a growth area, which often leads to substantial costs.

We now live in a world where family relationships are often very complex, and expert advice regarding

the drafting of a Will is essential.

A professional advisor can also advise you in relation to inheritance tax, and how you plan to minimise potential liabilities to inheritance tax.

It is important that people are fully aware of their duties and financial responsibilities when they make a Will, to ensure that they comply with the technicalities that are required to have a valid Will.

The cost of a professionally-drafted Will, after taking advice, is considerably less than the costs that can be incurred if there is a dispute regarding your financial affairs after your death.

Substantial costs can also be saved by taking professional advice early, and putting in place Powers of Attorney – whereby you appoint trusted people to make decisions about your property and financial affairs and health and welfare, if you lose capacity.

The people appointed are made fully aware of their rights and responsibilities.

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Please contact Brendan Sweeney.

Telephone 01656 645921

E-Mail: brendansweeney@davidprosser.co.uk

3 Court Road, Bridgend CF31 1BL

David Prosser & Co is the trading name of DP Law Limited.

Porthcawl KRUF looks back on a very productive year

THE year 2016 was a great one for Porthcawl KRUF.

The annual Walk For Life raised over £1,000 and enabled KRUF to donate £2,000 towards a senior social worker for the children's dialysis unit in Cardiff.

The silent auction raised £500 and the barbecue over £1,000.

The coffee morning in the RAFA club was a great success, while the Phoenix Society made a generous donation.

KRUF also received donations from the Christmas morning swim.

£3,000 was donated to Morriston dialysis unit

for equipment. As usual, all the money raised during the year is donated directly to projects to make life easier for people with kidney disease.

The committee is now looking forward to 2017. Events will begin with a silent auction followed by the Walk For Life. Then in June, everyone will look forward to the return of the popular Ascot Ladies' Day in the Hi Tide, so get your hats ready for June 17!

Finally, a big thank you to all our supporters and here's to a good year ahead.

JUDITH FRENCH, publicity officer

Evan lands Lingfield win

EVAN WILLIAMS' seven-year-old bay gelding *On The Road* which had finished in the runner-up spot on his previous two starts, went one better in the Retraining Of Racehorses Novices' Handicap Chase at Lingfield on Tuesday.

Partnered by stable jockey Paul Moloney, *On The Road*, a 9-2 chance, had three parts of a length to spare over the favourite *Petite Power*, ridden by Paddy Brennan.

BRIAN LEE

'Ward closure concerning'

SOUTH Wales Central AM and Leader of the Welsh Conservatives Andrew RT Davies has called for action following news that a ward has been closed at University Hospital, Llandough.

The ward has been shut following an outbreak of flu, and people have been advised not to visit the hospital in a bid to prevent spreading of the infection.

Mr Davies urged Cardiff and Vale University Health Board to take action to prevent flu outbreaks in future.

He pointed out that less than half of all healthcare staff had the flu jab this year, and that this should be far higher.

SAD DEATH OF THE WOMAN WHO INSPIRED TY HAFAN HOSPICE

THE founder of Ty Hafan Children's Hospice in Sully, Suzanne Goodall, has passed away at the age of 95.

South Wales Central AM and Leader of the Welsh Conservatives Andrew RT Davies paid tribute to her for the "pioneering role" she played in providing good care to life-limited children and their families.

Mr Davies said: "Suzanne Goodall was an inspirational individual who gave so much to seriously ill children in south Wales.

"In founding Ty Hafan, she started an institution that has been instrumental in providing first class

care for life-limited children, ensuring they and their families receive invaluable support in the most difficult of times.

"The fact that she took it upon herself to launch the hospice after discovering that no such facility was available in Wales is testament to her drive, determination and dedication to helping others, and shows she was a selfless person with the capacity to deliver for people in need.

"Her legacy is of course the fantastic facility that is Ty Hafan, and my thoughts are with her friends, family and all those connected with the hospice at this sad time."

THE VALE OF GLAMORGAN COUNCIL CYNGOR BRO MORGANNWG

**Planning (Listed Buildings and Conservation Areas) Act, 1990
Town and Country Planning (Development Management Procedure) (Wales) Order 2012**

**Listed Building Consent/
Caniatâd Adeilad Rhestredig**

Application No./ Rhif y cais:	2016/01480/LBC
Proposal/Cynnig:	The installation of a 1 hour fire door and frame to the second floor of Dyffryn House
Location/Lleoliad:	Duffryn House, Dyffryn Gardens, Duffryn Lane, Dyffryn
Listed Building/ Adeilad Rhestredig	Grade II*

Application No./ Rhif y cais:	2016/01534/LBC
Proposal/Cynnig:	Demolition of existing single storey extension and the erection of a new orangery
Location/Lleoliad:	24, Archer Road, Penarth
Listed Building/ Adeilad Rhestredig	Grade II

**May affect a Public Right of Way/
Gall effeithio ar Hawl Tramwy Cyhoeddus**

Application No./ Rhif y cais:	2016/01504/FUL
Proposal/Cynnig:	American barn to provide 3 x stables and a feed store
Location/Lleoliad:	Land at the Lawns, Cwrt Yr Ala Road, Michealston Le Pit

Details may be inspected for 21 days at the address given below, or via <http://vogonline.planning-register.co.uk/>
Gall manylion eu harchwilio am 21 diwrnod yn y cyfeiriad a roddir isod, neu drwy <http://vogonline.planning-register.co.uk/>

Dated / Dyddiedig: 12 January, 2017

V. L. Robinson
Operational Manager,
Regeneration and Planning,
Vale of Glamorgan Council,
Dock Office, Barry. CF63 4RT



TOWN AND COUNTRY PLANNING ACT 1990

NOTICE IS HEREBY GIVEN THAT AN INSPECTOR APPOINTED BY THE WELSH MINISTERS UNDER PARAGRAPH 1(1) OF SCHEDULE 6 TO THE TOWN AND COUNTRY PLANNING ACT 1990 TO DETERMINE THE APPEAL WILL ATTEND AT

THE VALE OF GLAMORGAN CBC OFFICES, DOCKS OFFICES, BARRY DOCKS, BARRY, CF63 4RT
ON WEDNESDAY 8th FEBRUARY 2017 AT 10.00.

TO HOLD A LOCAL INQUIRY INTO THE APPEAL BY SITE SERV RECYCLING LTD AGAINST THE ENFORCEMENT NOTICES ISSUED BY THE VALE OF GLAMORGAN COUNTY BOROUGH COUNCIL RELATING TO ALLEGED BREACHES OF PLANNING CONTROL, NAMELY THE MAKING OF A MATERIAL CHANGE OF USE OF THE LAND AT LLANTWIT MAJOR ROAD, LLANDOW,
FROM USE AS MIXED CLASS B1 (BUSINESS), B2 (GENERAL INDUSTRIAL), B8 (STORAGE AND DISTRIBUTION) WAREHOUSES KNOWN AS HANGARS A AND B TO A WASTE TRANSFER STATION, STORAGE OF MUNICIPAL WASTE AND ANCILLIARY OFFICES (SUI GENERIS) AND ERECTION OF A WEIGHBRIDGE AND WEIGHBRIDGE OFFICE AT HANGARS A AND B,
AND THE MATERIAL CHANGE OF USE OF THE LAND TO A WASTE TRANSFER STATION FOR THE RECEIPT, SORTING, STORAGE AND EXPORT OF WASTE MATERIAL.
WITHOUT THE GRANT OF PLANNING PERMISSION.
ISABEL NETHELL
AUTHORISED BY THE WELSH MINISTERS

DEDDF CYNLLUNIO GWLAD A THREF 1990

HYSBYSIR DRWY HYN Y BYDD AROLGYDD A BENODIR GAN WEINIDOGION CYMRUYN UNOL A PHARAGRAFF 1(1) O ATODLEN 6 DEDDF CYNLLUNIO GWLAD A THREF 1990 I BENDERFYNU AR YR APÊL YN BRESENOL YN SWYDDFEYDD CYNGOR BWRDEISTREF

SIROL BRO MORGANNWG, SWYDDFEYDD Y DOCAU, DOCAU'R BARRI, Y BARRI CF63 4RT

AR DDYDD MERCHER 8 CHWEFOR 2017 AM 10:00AM
ER MWYN CYNNAL YMCHWILIAD LLEOL I'R APÊL GAN SITE SERV RECYCLING LTD YN ERBYN YR HYSBYSIADAU GORFODI A GYFLWYNWYD GAN CYNGOR BWRDEISTREF SIROL BRO MORGANNWG MEWN CYSYLLTIAD AG ACHOSION HONEDIG O DORRI RHEOLAETH CYNLLUNIO, SEF NEWID PWYSIG I DDEFNYDD Y TIR AR FFORDD LLANILLTUD FAWR, LLANDOW, O DDEFNYDD CYMSGG DOSBARTH B1 (BUSNES), B2 (DIWYDIANT CYFFREDINOL), B8 (STORIO A DOSBARTHU), WARYSAU A ELWIR YN AWYRENDY 'A' A 'B' I ORSAF CYFNEWID GWASTRAFF, STORFA GWASTRAFF TREFOL A SWYDDFEYDD CYSYLLTIEDIG (SUI GENERIS) AC ADEILADU PONT BWYSO A SWYDDFEYDD PONT BWYSO YN AWYRENDY 'A' A 'B'.

A NEWID PWYSIG I DDEFNYDD TIR I ORSAF CYFNEWID GWASTRAFF AT DDIBEN DERBYN, TREFNU, STORIO AC ALLFORIO DEUNYDDIAU GWASTRAFF.

HEB GANIATÂD CYNLLUNIO.

ISABELL NETHELL
AWDURDODWYD GAN WEINIDOGION CYMRU

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Valentine's dinner

Tuesday 14th February

Enjoy a glass of bubbles on arrival at Raglans Restaurant followed by a 4 course choice menu. £39.95 per person. Please pre book and pay to qualify.

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CARDIFF

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Out & About with The GEM

Scorsese's 'Silence' is a slow-burning and intelligent piece of work

MARTIN SCORSESE may be 75 this year, but the director shows no sign of slowing up, and in 2014's *The Wolf of Wall Street* made what was his most vital and energetic film in years.

He's kept himself busy with various jobs, but his latest film sees him tackle Shūsaku Endō's novel *Silence*. Co-writing the screenplay as well (with Jay Cocks), it tells the story of two Jesuit priests Rodrigues (Andrew Garfield) and Garpe (Adam Driver) in the 17th century, who are insistent on tracking down their mentor Ferreira (Liam Neeson), whom they believe has renounced Christianity. Travelling to Japan, the pair try to track down Ferreira, all the while hiding from the Inquisitor General and his men, who are determined to stamp out Christianity from Japan...

Religion has always been present in Martin Scorsese's work; having spent a year in seminary during his younger years, the director always seems to implicitly or subtly reference the topic, in films with such varying subject matter as *Mean Streets*' bravado-and-

bullets and *Bringing Out The Dead*'s late-night nightmares, while *The Last Temptation of Christ* and *Kundun* dealt more directly with the topic.

Silence is arguably the first Scorsese film since... *Christ* to tackle religion head on, and the end result is a slow-burning, meditative film that smartly tackles its subject matter with intelligence, probing the questions of how important faith is to an individual, to what lengths (and why) you can be pushed to renounce it, and what you do when your struggles and suffering go seemingly unanswered by a higher power.

Silence has been a passion project for the director, and one that he has harboured for many years, something that is reflected in the slow, thoughtful manner in which the film is presented. There are none of Scorsese's fevered camera moves, none of his slick, clever editing. Instead the onus is on stillness, the film lensed gorgeously with every frame beautifully shot.

For a director steeped in the history of cinema, the film visually carries the influence of Powell and Pressburger's work, most notably *Black Narcissus*, while the men-on-a-mission-gone-awry story has the



by
GARETH JAMIESON
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hallmarks of *Apocalypse Now*, men cut loose in a world that they don't truly understand, and where danger lurks in every corner.

However, it's also a film that perhaps would have benefited from a slightly more judicious editing process; the film ebbs and flows slowly, the languid pacing punctuated by moments of brutal torture, but as harrowing as these are, they don't increase the pacing of the film. At times a greater urgency in the storytelling would have perhaps created a stronger cinematic experience, but Scorsese lets the film unfurl at its own pace.

The real meat comes in the central arguments of the film; is religion (Christianity in this case) worth fighting for in the face of unrelenting and

dangerous objection?

Why does God and/or Jesus remain silent as those who believe in him suffer for that belief?

These are questions that Scorsese attempts to resolve and answer through the running time, perhaps a little repetitively at points, but nonetheless it carries the weight of the subject matter with a mannered poise, the persecution of those who believe as prevalent now as it was then.

The film rests primarily on the performances of Andrew Garfield and Adam Driver, with the former the driving force of the film, and both men give performances of conviction, their characters determined to maintain their belief in the face of supreme adversity.

As things unravel around them, the breakdown of their beliefs, their physical and mental state, the actors deliver compelling and heartbreaking turns.

Garfield in particular excelling as his whole life unfurls around him, the Japanese pushing and pulling his emotions from one extreme to another.

It is an impressively thoughtful piece of work from the director, the sort of film you feel he has been waiting much of his career to make. The end result is something contemplative, that leaves you (regardless of your religious convictions) pondering the subject of belief, but is perhaps a little too slow to really resonate; nonetheless, *Silence* is a hugely compelling film.

VERDICT: Martin Scorsese's passion project is finally realised, and while maybe a little too lengthy, *Silence* is a powerfully engaging film. Tackling the nature of belief and the extremes of its importance, he has made a film that asks questions without offering easy answers.

Visually gorgeous (with Dante Ferretti's production design and Rodrigo Prieto's cinematography to the fore) and showcasing a strong cast, this is a slow-burning and intelligent piece of work. **Recommended.**

SEE THIS IF YOU LIKED: *Black Narcissus* (1947), *The Last Temptation of Christ* (1988).

Will it be ready, Freddie, go?



THE GEM is working with the Dogs Trust Bridgend to find loving homes for their canine guests. This week, meet Freddie.

A spokeswoman said: "Freddie is a six-year-old terrier cross, small and sparky, he will need some slow and consistent handling as he can be a bit sensitive with intensive handling, he will just need to do things in his own time."

"Freddie mixes well with other dogs and is a good boy on and off lead, he is clever boy and works well for his treats."

"Freddie's ideal forever home will be a adult only home with no visiting children due to his sensitive nature."

"If you are interested in our handsome Freddie, you will need to come to the centre for multiple visits so he can get to know you. For further information please call on 01656 725219 or visit our website."

WHAT'S ON, AND WHERE IN YOUR AREA?

Advice surgery

MP Chris Elmore and AM Huw Irranca-Davies will hold an

advice surgery on Saturday, January 14 at 44a Penybont Road, Pencoed (CF35 5RA).

Zoar Messy Church

SUNDAY, January 15 a Messy Church will take place in the Reading Room, Bonvilston (opposite Old Village Shop) at 2.30pm.

St Mary's Church and Zoar, Bonvilston warmly invite parents with toddlers, and youngsters and teenagers to attend. Fun and games, Bible stories, refreshments. Further information from Rev Lee Dufield on 07884 869020 or Rev Martyn Davies on 01446 760498 or Ann Roach on 01446 781309.

Free legal advice

AGE Connects Cardiff and Vale is holding a free legal advice on Tuesday, January 17 from 10am to 12 midday.

The session will be held at Age Connects Cardiff and Vale Senior Health Shop, 38 Holton Road Barry. If you are over 50 and worried about a legal matter - other than criminal law - just come along and have a chat to a legal team based in Barry.

New year, new you?

ANYONE wanting to lose a few pounds, get in shape for 2017 and meet new friends can come along to a Zumba class at KPC in Pyle (next door to Pil Primary School), with Michelle Alsparslan.

Classes run on Tuesday from 9.30am to

New club for sci-fi fans

CALLING all sci-fi fans, fancy chatting about all things sci-fi?

Then join this new offshoot of Cardiff's longest running sci-fi club. We are simply a group of like-minded individuals who meet for a social drink and chat the first Wednesday of the month in the Wyndam Arms in Bridgend.

If you fancy joining us, then contact us via our facebook page <https://www.facebook.com/dayinthelifeofevents/>.

10.30am - and are free with a voluntary contribution. Contact Alison on 01656 749219 or kpcyouth@hotmail.com.

CAMRA meets

VALE of Glamorgan and Bridgend branch of the Campaign for Real Ale is considering entries for the Good Beer Guide and Pub of the Year and invites members and non-members to cast their votes.

It meets as follows: January 12 at 8pm, Star Inn, Wick; February 4, brewery visit social at Bang On Brewery, Unit 3 George Street, Bridgend, CF31 3TS Bridgend from midday; February 23 at 8pm, West End Club, Barry; March 30 at 8pm, Lorelei, Porthcawl.

For further information, visit www.vog.camra.org.uk.

Vale ways guided walks

WOODS and Valleys walk: meet in Barry on January 17 outside All Saints' Church, Park Road at 1.30pm.

On January 18 the Coffee Shop Strollers

meet at Cosmeston Country Park outside the visitor centre at 10.30am.

The Strollers meet the same day in Llantwit Major at 2.30pm in the town hall car park.

On January 19, a Llantwit Lanes walk meets at the railway station car park at 11am.

CAOS open evening

CAOS Musical Society invites you to an open evening, Wednesday, January 18 at St Athan Community Hall, 7.30pm.

It will be performing a selection of numbers to give prospective new members a flavour of what the Society does and what it would like to do in the future.

If you are thinking of doing something new for 2017, why not come along?

For further information, visit our Facebook page Friends of CAOS Musical Society.

Chance for schools to visit Parliament

VALE MP Alun Cairns is encouraging schools in the Vale to visit the Palace of Westminster between February 14 and 17 to take part in the Story of Parliament film and tour visit put on by Parliament's education service.

He said: "Learning about the history and work of Parliament, and exploring the Palace of Westminster is both important and fun. I have had the pleasure of speaking to many school groups who have visited in the past, and have been deeply impressed with the understanding of our democracy that children have shown following their tour."

Schools should contact the Parliament Education Service on 0207 2194 496 or visit the Parliament website to arrange their trip.

Cowbridge shop thanked for donation to special day

ORGANISERS of a special charity event that took place at the Horse and Groom, Cowbridge, in memory of Mallissa Brown, have thanked a local business.

An advert which was published in last week's GEM thanked a number of local businesses for supporting the event by donating raffle prizes.

Unfortunately missing from that list was 'The Shop' which is at 50, High Street, Cowbridge.

An organiser of the charity event told The GEM: "We really would like to thank The Shop for their much-appreciated donation to the raffle."

"It all helped make the day a special one."

Ty Hafan lottery winners

THE following are winning numbers in the Ty Hafan Crackerjackpot lottery draw number D965:

● £2,000: 130719.
● The rollover, which stands at £11,500, was not won this week.
● £10: 352859, 509049, 167908, 469447, 864902, 340932, 312705,

618264, 952034, 816234, 548850, 273826, 544437, 848957, 755019, 490970, 614476, 839932, 1375918, 1851.

● £5: 422974, 571708, 871984, 178280, 345532, 881601, 344624, 193483, 659564, 857857, 125531, 562045, 815642, 311676, 862878, 800944, 364652, 644379, 615503, 277786, 686883, 684642, 921201, 293435, 545574, 738039, 858077, 471788, 896882, 411504, 547982, 186571, 106104, 28695, 153821, 986740, 344366, 772814, 569217, 666063, 731472, 209940, 203547, 693361, 242692, 651768, 388889, 804905, 341140, 875311, 691021, 353069, 793989, 796119, 529822, 15, 1821141, 1325048, 1600210, 1984723.

The GEM cannot be held responsible for any errors or omissions contained in the above.

For lottery information please telephone 029 2053 2300.

Art exhibition in Old Hall

I WAS born in Cowbridge, grew up in Barry and still live locally.

After attending college in Cardiff and Brighton I began teaching, at first in the Vale and then, following my marriage, in Essex where we had moved.

Some years later we returned to Wales with our two sons and have lived here ever since.

I have painted throughout my life, but since retiring from teaching have more time to devote to it. My subject matter varies a good deal. I am attracted to the coastline and mountains, and the changing of the seasons make such a difference to each view; but I also love painting people.

When I paint I sometimes smile, or even laugh out loud at the ideas that pop into my head. Hopefully this will be a 'Banish the January Blues' exhibition! Something for everyone to lift the spirit.

JACI HARRIES

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*Terms & Conditions apply. Please ask in store for details.



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Tel 01446 772311
cowbridgehs@valeofglamorgan.gov.uk

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But don't just take our word for it
Visit us at our Open Evening

Cowbridge Comprehensive School Ysgol Gyfun Y Bont Faen Sixth Form Open Evening

...Take a
closer look

Tuesday 24 January 2017

4.00 - 6.00 pm

An open evening for students considering taking
their AS/A2 Level Studies or L3 BTEC courses

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glamorgan-gem.co.uk

The Planning Inspectorate Yr Arolygiaeth Gynllunio

Adeilad y Goron, Parc Cathays, Caerdydd, CF10 3NQ
Crown Buildings, Cathays Park, Cardiff, CF10 3NQ
wales@pins.gsi.gov.uk

DEDDF PRIFYRDD 1980

DEDDF CAFFAEL TIR 1981

**GORCHYMYN PRYNU GORFODOL BRO MORGANNWG
(GWELLIANNAU I BRIFFORDD YR A4226 FIVE MILE
LANE) 2016 - DEDDF PRIFYRDD 1980**

**GORCHYMYN FFORDD DDOSBARTHADOL (FFYRDD
YMYL) BRO MORGANNWG (YR A4226 FIVE MILE LANE)
2016 - DEDDF PRIFYRDD 1980**

HYSBYSIR DRWY HYN Y BYDD

AROLYGYDD A BENODIR GAN

WEINIDOGION CYMRU

YN BRESENOL YN

Swyddfeydd Cynor Bro Morgannwg, Dociau'r Barri, Y Barri, CF63 4RT.
AR

Dydd Mercher 25 Ionawr 2017 am 10:00am

ER MWYN CYNNAL YMCHWILIAD LLEOL i glywed sylwadau gan unigolion
sydd â buddiant yn y tir a gynhwysir yn y Gorchymyn uchod ac, yn ôl ei
ddisgrifiad, i glywed sylwadau gan unrhyw unigolion eraill a allai ddymuno
ymddangos a chael eu clywed.

Gellir gweld copïau o'r Gorchymyn a'r mapiau y maent yn cyfeirio atynt trwy
drefnu apwyntiad yn swyddfeydd Cynor Bro Morgannwg, y Swyddfeydd
Dinesig, Holton Road, y Barri, CF63 4RU.

Gwneir y Gorchymyn Prynu Gorfodol o dan adrannau 239, 240, 246 a 250
Deddf Priffrdd 1980, a gwneir y Gorchymyn Ffydd Ymyl o dan adrannau 14
a 125 yr un Ddeddf. Os cânt eu cadarnhau, byddant yn awdurdodi'r Cynor i
brynu'r tir yn orfodol ac awdurdodi'r gwaith a ddisgrifir yn yr Atodlenni i bob
Gorchymyn, at ddiwedd.

(i) adeiladu priffrdd newydd ac adeiladwaith hwylystod arall, i ddod yn rhan
o'r A4226 a gwella priffrdd bresennol yr A4226 o dir i'r de o Fferm
Blackland, Bonvilston am bellter o 4800 metr i gyfeiriad deheuol ac yna
de-ddwyrain i gyffordd yr A4226 â chylchfan Waycock Cross, Port Road,
y Barri;

(ii) adeiladu priffrdd eraill i gysylltu â'r briffrdd newydd a grybwyllir uchod;
gwella priffrdd cysylltu presennol; cau priffrdd neu ardaloedd priffrdd;
cau fyrrd mynediad preifat i safleoedd; darparu fyrrd mynediad newydd i
safleoedd ac adeiladwaith hwylystod yn unol â, ac ar y cyd â, Gorchymyn
Flordd Ddosbarthedig (Ffydd Ymyl) Cynor Bro Morgannwg yr A4226 (Five
Mile Lane) 2016 a wnaed o dan adrannau 14 a 125 Deddf Priffrdd 1980;

(iii) darparu rhan newydd o lwybr beicio / lwybr troed a rennir gerllaw'r
gwaith gwella priffrdd ar linell o gyffiniau Canolfan Hebogiaid Cymru i
Gylchfan Waycock Cross;

(iv) dargyfeirio cyrsiau d r a chynnal gwaith arall ar gyrsiâu d r mewn
cysylltiad ag adeiladu, gwella ac adlinio'r priffrdd a grybwyllir uchod;

(v) defnydd gan yr awdurdod caffael mewn cysylltiad ag adeiladu a gwella
priffrdd a chylfawri'r gwaith arall a grybwyllir uchod; a

(vi) lliniaru unrhyw effeithiau niweidiol y bydd bodolaeth neu ddefnydd y
priffrdd y bwriedir eu hadeiladu neu eu gwella yn eu cael ar eu
hamgylchoedd.

I Nethell

Awdurdodwyd gan Weinidogion Cymru

The Planning Inspectorate Yr Arolygiaeth Gynllunio

Adeilad y Goron, Parc Cathays, Caerdydd, CF10 3NQ
Crown Buildings, Cathays Park, Cardiff, CF10 3NQ
wales@pins.gsi.gov.uk

HIGHWAYS ACT 1980

and

THE ACQUISITION OF LAND ACT 1981

**VALE OF GLAMORGAN (A4226 FIVE MILE LANE
HIGHWAY IMPROVEMENTS) COMPLUSORY PURCHASE
ORDER 2016 - HIGHWAYS ACT 1980**

**VALE OF GLAMORGAN (A4226 FIVE MILE LANE)
CLASSIFIED ROAD (SIDE ROADS) ORDER 2016 -
HIGHWAYS ACT 1980**

NOTICE IS HEREBY GIVEN THAT

AN INSPECTOR APPOINTED BY

THE WELSH MINISTERS

WILL ATTEND AT

The Vale of Glamorgan Council Offices, Barry Docks, Barry, CF63 4RT.
ON

Wednesday 25 January 2017 at 10:00am

TO HOLD A LOCAL INQUIRY to hear representations from persons
interested in the land comprised in the above Orders and, at his discretion, to
hear representations from any other persons who may desire to appear and
be heard.

Copies of the Orders and of the maps referred to therein can be viewed by
arrangement, at the offices of the Vale of Glamorgan Council, Civic Offices,
Holton Road, Barry, CF63 4RU.

The Compulsory Purchase Order is made under sections 239, 240, 246 and
250 of the Highways Act 1980, and the Side Roads Order is made under
sections 14 and 125 of the same Act. If confirmed will authorise the Council to
purchase compulsorily the land and authorise works as described in the
Schedules to each Order, for the purposes of:

(i) the construction of new highway and other accommodation works, to
become part of the A4226 and the improvement of the existing A4226
highway from land south of Blackland Farm, Bonvilston for a distance of
4800 metres in a southerly and then a south easterly direction to the A4226
junction with Waycock Cross roundabout, Port Road Barry;

(ii) the construction of other highways to connect to the new highway
mentioned above; the improvement of existing connecting highways; the
stopping up of highways or areas of highway; the stopping up of private
means of access to premises; the provision of new means of access to
premises and accommodation works in pursuance of and in conjunction
with the Vale of Glamorgan Council A4226 (Five Mile Lane) Classified Road
(Side Roads) Order 2016 made under sections 14 and 125 of the Highways
Act 1980;

(iii) the provision of a new section of shared cycleway / footway adjacent to
the on line highway improvements works from the vicinity of the Welsh
Hawking Centre to Waycock Cross Roundabout;

(iv) the diversions of watercourses and the carrying out of other works on
watercourses in connection with the construction and improvement and
realignment of highways mentioned above;

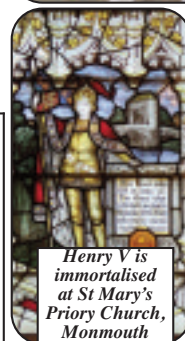
(v) use by the acquiring authority in connection with the construction and
improvement of highways and the execution of other works mentioned
above; and

(vi) the mitigation of any adverse effects which the existence or use of the
highways proposed to be constructed or improved will have on their
surroundings.

I Nethell

Authorised by the Welsh Ministers

Book recalls Agincourt! Strength of Welsh longbowmen would leave yew quivering



Henry V is
immortalised
at St Mary's
Priory Church,
Monmouth

Keith's new book.

Photos (top) and words
by Keith E Morgan.

IN a new
illustrated history
book, recently
published by Keith
E Morgan and
entitled *Monmouth
Through Time*,
Porthcawl
longbowman
Graham Anderson
helps to explain the
role of Welsh
archers in a famous
British battle.

In 1387, John of
Gaunt's grandson Henry
V was born in the Great
Tower of Monmouth
Castle. At the age of 28,
Henry was to become
the hero of Agincourt.
The battle, which took
place on St Crispin's
Day, October 25, 1415
is one of the best known
events in British history.

The story of Henry
V's forces defeating a
much larger French
army have been
immortalised in tales,
poetry and plays,
especially by William
Shakespeare.

There is a stained
glass window in St
Mary's Priory Church,
Monmouth depicting
Henry V, as well as a
statue to the famous
king in a niche on the
front of the Monmouth
Shire Hall in Agincourt
Square.

Also mounted in the
Shire Hall is a beautiful
tapestry wall hanging
depicting Henry V on
horseback addressing
his troops before the
Battle of Agincourt.
This was designed by
local artist Richard
Wills and presented in

2015 by the Monmouth
Broderers as a gift to
celebrate the 600th
anniversary of the
battle.

At the battle, Henry
V's army of around
8,000 was outnumbered
by five to one, yet 500
nimble-fingered Welsh
longbowmen cut the
heavily-armoured
French knights to
ribbons and won the
day, thus marking a
major turning point in
the Hundred Years' War.

The Welsh and
English longbowmen at
the battle of Agincourt
would have been
equipped with an array
of weaponry.

Mr Anderson of
Newton, Porthcawl, is a
modern-day Welsh
longbowman, keeping
alive the skills of
archery that won the day
at Agincourt.

He makes his own
traditional six-foot
longbows out of
seasoned yew and his
arrow shafts out of ash.

Mr Anderson takes
part as an extra in many
films and documentaries
made in Wales.

However, he is not just
a picture postcard
longbowman; Mr
Anderson takes part in
competitions and can
bend a bow with a 95lb
(43 kilogram) pull on
the bowstring before
releasing an arrow that
flies 660 feet (201
metres) before falling
back to earth. Such an
arrow would have
penetrated both chain
mail and plate armour at
the battle of Agincourt
in 1415.

Bernard Baldwin, doyen of Welsh athletics, dies, aged 91

Clive Williams gives his personal memories of an irreplaceable athletics trendsetter.

ATHLETICS in Wales, and indeed in the UK, has lost one of its finest innovators with the death on January 3 of Bernard Baldwin at the age of 91. He was a man ahead of his time.

Although best known as the founder of the world renowned Nos Galan road races in 1958, his overall role in the development of the sport was immense.

My earliest memories of him go back to the early 1960s and in particular to the Welsh novice cross-country championships in Gilwern.

Here was this slightly balding gentleman in his 30s resplendent in a fawn mackintosh wearing – despite the morass of mud and incessant rain – brown suede shoes directing proceedings with a megaphone.

He took that megaphone with him wherever he went and my abiding memory of Bernard is with that megaphone in his hand! Indeed, when he bought a new one, he gave me his old one.

Born in Barry in 1925 he was one of seven children.

Elder brother Bramwell was Welsh junior mile champion in 1937 and six years later, Bernard was to win the same title.

Bernard trained as a teacher at the then Caerleon Training College, and after a brief spell teaching in Tintern, he took up a post as PE and music teacher at Mill Street School, Pontypridd.

Little did his headmaster know that in due course the whole of Welsh athletics was being run from the school!

Following the success of Nos Galan, he somehow convinced the local bigwigs in Pontypridd to allow him to hold a sprint race in Taff Street – reputed at the time to be the busiest street in Wales.

And so the Taff Street Dash was born in 1959 over a distance of 250 yards from The Fountain to The New Inn Hotel.

Who did Bernard get to run in this race? As you would expect: the best!

He convinced Britain's Number One sprinter (and the following year's Olympic 100m bronze medallist) Peter Radford, who was a student in Cardiff, to run. Radford duly won the race with another British international Dave Segal second.

The race eventually became a 100-yard race in 1961, and continued until 1975, although the event was briefly revived in 1991.

A young Maesteg schoolboy by the name of JJ Williams won the event in 1966 and also in 1971.

My memories of Bernard Baldwin by Brian Lee

IN 1964, as a Roath (Cardiff) Harrier, I was invited by Bernard to open the proceedings of the famous Nos Galan annual road races.

The day's proceedings began when I left the City Hall, Cardiff, at 1.30pm on New Year's Eve with a message of goodwill from the Lord Mayor of Cardiff, Alderman W J Hartland.

I had to take this message – by running all the way to the Penrhiwceiber War Memorial, to Coun W Morgan, chairman of the Mountain Ash Council who read it to the crowd that had assembled.

As a long-distance runner, I was delighted that Bernard had chosen me, as the year before the 1948 Olympic Games marathon silver medallist Tom Richards had had the honour.

To follow in his footsteps, so to speak, was a real honour. Bernard was years ahead of his time and organised

numerous races in the Valleys and was responsible for staging the 40-mile track race at Cardiff's Maindy Stadium – it is now held at Barry's Jenner Park.

He managed to attract world famous athletes as Nos Galan mystery runners and these included John Merriman, Martyn Hyman, Tom Richards, Derek Ibbotson and Bruce Tulloh – names that will be music to the ear of athletes of my time.

He also helped me to organise the Cardiff Roath Harrier 16-and-three-quarter mile road race in the late 1950s.

When I suggested a celebrity to start the race he said: "How about Sabrina?" Google the name if you haven't heard of her!

Like Clive Williams, I will always picture Bernard wearing his trench coat, loudhailer in hand.

Barry-born Bernard deserved the accolade 'Mr Welsh Athletics'.

The future rugby superstar recalled: "I have fond memories of all of Bernard Baldwin's events and particularly The Taff St Dash.

"The event was among my earliest recollections of top athletics in Wales."

He continued: "If you were drawn in lanes one or four, you had no chance of winning because you were either in the gutter or on the pavement among the crowd; all the winners came from lanes two or three!"

The after-race function at The New Inn Hotel, which also served as the annual dinner of the Road Runners Club of Wales, of which Bernard was the founder, was his real show piece. His unique show biz-style talent entertained the guests until the early hours with his anecdotes and comments on virtually every person in the room, sometimes up to 300 of them!

Among the other events organised by Bernard in the guise of the Nos Galan committee or other organisations he formed, such as Road Runners Club (Glamorgan) or its successor Road Runners Club (Wales), were a series of events which brought athletics to the people.

This was long before the advent of the major marathons or the street athletics we see on TV from Birmingham, Manchester or Gateshead.

Ostensibly organised by these groups, they were first and foremost the idea of the redoubtable Bernard, who must take the credit for their introduction and organisation.

These included the Easter road race series at Pencoed, the Wattstown road races and the immensely popular series of evening road races in such places as Cilfynydd, Glyncoch, Pwllgwaun, Hopkinstown, Merthyr, Troedyrhiw and many other venues in south Wales.

These events attracted the stars of the day, and to a certain extent some of the locals did not appreciate the quality of the athletes being paraded before them.

Imagine a small terraced street in Wattstown in the Rhondda Valley, with the Olympic 100m bronze medallist, and two other world record holders about to run in a 100-yard race in the middle of the road.

I can well remember a local miner, popping his head around the front door of his terraced house asking Bernard – with megaphone in hand: "What the hell is going on here today then?"

To be told that world record holders Peter Radford, Ron and Berwyn Jones, as well as several other of Britain's top athletes were running in a 100-yard race just outside his front door, completely bemused him.

To him it was equivalent to a modern day prank set-up for a TV programme so he promptly closed the door and went in!

Another of Bernard's innovative events was the Cardiff to Mountain Ash two-man relay. Almost unbelievably for today's athletes, two runners shared a car, hopping in and out of the vehicle. The first event in 1964 was won by Gilwern Harriers.

Unfortunately, this unique event is no longer with us, as it fell foul of the many traffic restrictions which were then coming into force.

Bernard also organised a Cardiff to Swansea two-man relay. This survived for just three years between 1963 and 1965 and was the forerunner of the shorter Cardiff-Mountain Ash event. Welsh athletics stalwart and former Welsh CCA secretary John Collins was in the winning team each year.

John recalled that one team used a hatchback for convenience whilst another used a van with back doors removed!

Yet another event Bernard organised, was the 40-mile track race at Cardiff's Maindy Stadium, where 'world best' performances were set in two of the races by the late John Tarrant in 1966 and Lynn Hughes the following year.

Glamorgan GEM Readers' Letters Extra

Full picture needed on Cardiff Airport

I HAVE just read an online news item about Cardiff Airport which reports passenger members increasing in 2016 by 16 per cent.

Yes, fantastic news, but the item mentions nothing about the airport losses!

The business section of the Sunday Times (January 8) reports "Cardiff Airport lost almost £5m last year despite a 22 per cent increase in passengers, raising questions about the Welsh Governments's £52m purchase of

the hub in 2013. Passenger numbers increased to 1.2m, but losses in the year to the end of March deepened from £3m a year earlier."

Why aren't we given the full picture?

Can we afford this white elephant?

Added to which, the T9 trundles along with an occasional passenger, incurring further losses.

Sybil Green, Wenvoe.

Alan Phillips, who was to set world best performance times for both 40 and 50 miles in Walton in 1966, took the 50 miles race in 1968.

Such was the esteem in which Bernard was held, the Nos Galan organisation ventured into England in 1973 when it promoted a 20-mile track race on the new track at Whitechurch in Bristol, which saw the future 1974 Rome European marathon fourth-placer Bernie Plain set a new UK all-comers' best.

On hearing the news of Bernard's death, Bernie, now a non-executive director Welsh Athletics, said: "I have the greatest admiration for Bernard. His organising ability was second to none. I am proud to call him a friend."

But it was the Nos Galan races in Mountain Ash that took pride of place in his vast list of achievements. He conceived it, he ran it in his own inimitable style for many years, and it was his.

Although the modern series of Nos Galan events start during the day and finish well before midnight, uniquely the original four mile race started in one year and finished in the next. This idea came from 1956 National (UK) Cross Country Champion Ken Norris, who had won the iconic Sao Paulo midnight race in Brazil in 1956.

Bernard and Ken first met at Merthyr AC's annual dinner, where Ken had been the guest speaker, and it was this first meeting that sowed the seeds of Nos Galan.

Modelled on the Sao Paulo event, Ken gave his winning trophy to Bernard for presentation to the winning team in the midnight race.

That first Nos Galan consisted of just two events: a 100-yard sprint in Oxford Street at 8pm and the midnight four mile race.

The events were confined to senior men, unlike today, and four of the best sprinters in Great Britain trotted out of Castree's men's shop for the first 100-yard race.

The winner was the afore-mentioned Peter Radford with Dave Segal second and local man Ron Jones, the future Welsh sprint star third. Ron would go on to be one of the mainstays of the sprint event and take the title on six occasions.

Said Ron: "I am desperately sorry to hear of Bernard's death. He was a personal friend and it was down to him that I started out as a sprinter."

Ron went on the captain Britain's Olympic team in 1968. The inaugural winner of the midnight race was one of Britain's leading middle distance stars at the time, Stan Eldon.

To maintain interest during the intervening hours after the 100-yard and up to start of the big race, Bernard hit on the idea of having a 'mystery runner' to run with a lighted torch from the graveside of Guto Nythbrân at Llanwonno Churchyard down into Mountain Ash, light a beacon outside the Town Hall and so signal the start of the midnight race.

Bernard had learned of the feats of Guto from one of his pupils at Mill Street School in the early 1950s so he decided that a mystery runner would represent the spirit of Guto's achievements 200 years earlier.

The list of mystery runners is a Who's Who of the greatest athletes ever produced by Britain including Olympic champions Lynn Davies, Linford Christie, David Hemery, Ann Packer, Mary Rand and world record holders Derek Ibbotson, Dave Bedford, Colin Jackson, Tony Simmons and Steve Jones.

Only someone with the guile and skill of Bernard Baldwin could persuade the 1964 Rome long jump champion and world record holder Mary Rand to run four miles at midnight in pouring rain!

"Nos Galan is one of the few events in Britain which has imagination and has a special brand of magic," said former world 10,000m record holder Dave Bedford after his victory in 1969.

In 1969, the mystery runner was Lillian Board, the 400m silver medallist from the previous year's Mexico Olympics. Like Mary Rand she had never run four miles before, but she took it in her stride and made a dazzling figure, all in white, as she ran down the mountainside from Llanwonno.

Her appearance in the event was again a tribute to Bernard's persuasive powers. The whole country mourned Lillian's death from cancer less than a year later.

The presentation ceremonies for the early Nos Galan races were in true Olympic fashion, and the idea of Olympic runners running through the streets of a mining town in south Wales, especially at midnight on New Year's Eve, caught the imagination of the press.

The event was carried in every major newspaper and on every television channel – such were the persuasive qualities of Bernard.

Bernard's enthusiasm for the event was almost to end in disaster in 1967, as rockets on the back seat of his car, due to be used to announce the arrival of the mystery runner at the Town Hall in Mountain Ash, exploded as he led the mystery runner down from Llanwonno.

The car was burned out and Bernard and Nos Galan treasurer Tom Lewis received serious body burns and were rushed to the special burns unit at Chepstow Hospital.

Fortunately, both recovered, but the ordeal had a lasting effect on both of them.

Bernard contributed far more to Welsh and UK athletics than his involvement in Nos Galan and the many other road race promotions he organised.

Between 1966 and 1975, he was secretary of the Welsh AAA and was awarded the MBE in 1971 for services to British athletics. He became the Welsh delegate to the BAAB, effectively the UK governing body and one of six national team managers, taking teams to all parts of the world. The Welsh AAA awarded him their Award of Honour in 1975.

He wrote or compiled numerous booklets and diaries on Welsh athletics, was Welsh correspondent to Athletics Weekly for 22 years, and for many years a prolific contributor on Welsh athletics to the Western Mail, South Wales Echo, South Wales Argus and Sunday Express, and a regular broadcaster on BBC Wales.

He was also the author of several books on the history of Mountain Ash.

To underline his boundless energy, he also found time to undertake public address duties at numerous athletics meetings in Wales – and type and run off on his ancient duplicating machine – the first Welsh Athletics' Best Performer lists produced by myself and Ken Bennett in 1963.

Underlining his all-round talent he played the cornet and trumpet, was an amateur magician, and a linguist speaking French and Russian.

Rhondda Cynon Taf Council granted him the Freedom of the County Borough in 2014, in recognition of his remarkable contribution to the world of athletics and Nos Galan.

Apart from his Welsh junior mile title, he was a very good middle distance runner.

He once told me that one of his greatest regrets was not finishing in the 1947 International Cross Country – the forerunner of the present day world championships – race in Paris. He had gained selection for the Welsh team by finishing an excellent second in the Welsh championships, more than a minute ahead of the future Olympic silver medallist Tom Richards, who was the first Nos Galan mystery runner in 1958.

Bernard was a remarkable man with ceaseless energy and we will not see his like again. He was 'Mr Welsh Athletics'.

Bernard is survived by wife Pat, daughter Alison and son-in-law David. Funeral arrangements will be announced shortly.

Is the Government to blame for roundabout chaos?

ON a visit to Barry Island, we were greeted with what appeared to be hundreds of brightly-coloured cones adorning the junctions at Cosy Corner.

We wondered if it was just nicely decorated for the holiday season – or was it a new game set up for motorists called the 'Christmas Maze'?

Then we realised it was neither. This fiasco is designed by someone being paid to create a system that will cause chaos, mayhem and traffic jams, instead of alleviating the traffic at busy times.

A myriad of traffic lights will adorn

the new estate on the island and they are now taking the place of two perfectly functional roundabouts that naturally keep traffic moving in all directions.

Why are roundabouts being removed and replaced by all these traffic light systems?

Surely this causes more pollution; they require energy to run, with maintenance costs too, inevitably ending up on your council tax bill.

It does make you wonder if this is a ploy by the Government to slow up all traffic, so that in time they can contemplate the congestion charge.

T Abery, Barry.



Thousands line the streets to salute Wales' Euro 2016 stars

CONTINUING our look back at an amazing summer of Welsh football, the Wales team were given a 'heroes' welcome' when they returned home after their Euro 2016 semi-final defeat against Portugal. Photographer Glyn Evans was on hand to capture the team on their homecoming parade.

PHOTOGRAPHS by GLYN EVANS

OTHER PICTURES ARE
AVAILABLE FROM THIS EVENT.

Pictures can be purchased
by contacting:

E-Mail: ffotoimage@tiscali.co.uk
Telephone 07791 228684
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ABOVE and RIGHT:
The team took an
open-top bus journey
through Cardiff before
their homecoming
ceremony at the
Cardiff City Stadium.



SANDVILLE SUPPORTERS ENJOY A GREAT GALA FANCY DRESS BALL AT THE HI-TIDE!

REPORT AND PHOTOGRAPHS BY KEITH E MORGAN

PORTHCAWL'S Twelfth Night charity event began in 1968 in the Seabank Hotel, and the successful celebrations have grown and grown and continue to grow at the Hi-Tide.

It is pleasing to note that numbers were up on last year's event and that the Twelfth Night Fancy Dress Ball in aid of the Sandville Self Help Centre at Tŷn Kenfig, went off in usual fine style at the Hi Tide.

Many thanks to Francesca and Geoffrey Dower for hosting the event at the Hi-Tide, as well as for cooking well over 120 excellent meals.

Lonny Dee, Master of Ceremonies, was his usual humorous self and the 'Casual Affair' group made up of Ian Griffin, Rob Gillespie and Zoe from Tenby, provided the musical back drop and accompaniment.

The entertainment was made complete by Robbie Owen who, as the Sheikh of Araby, did his own thing as DJ for the evening.

We must not forget the mainstay team of the evening, the 'Sandville Scrubbers', made up of Dave Jones, Marilyn and Arthur Beale, Dr Alison Jones, Judith Callaghan and Ann O'Keefe, who not only did all the organising, but put on their usual bit of revelry at the end of the evening.

Thanks go to all those who support this unique event by buying raffle tickets, especially Barclays Bank who proved to be worthy sponsors again this year by matching the raffle takings pound for pound up to £1,000.

As usual, there was a really good turn out in fancy dress with amazing ingenuity being shown. The judges, Sister Gwyneth Poacher, Cathy and Neil Poacher, Alyson and Eifion Evans and Helen Scott, had a hard time to decide the outcome of the fancy dress parade, but eventually come up with the following results.

The first prize for the groups went to 'Money Supermarket', a take-off of TV's most-recognised advert. The runners-up prize was won by 'Happy Feet' with the 'Chinese Dragon' taking third prize.

A very topical US political pair, 'Trump and Clinton', walked off with the first prize for couples, while the very colourful and patriotic 'King and Queen of Wales' had to be content with winning the second prize and beating a very lovable '101 Dalmatians' into third place.

The male singles was won by 'Helmut the German' who, with his very charming and comely fraülein, was prepared to see us all happily through Brexit!

Believe it or not and a little bit of a paradox, second place was taken by 'The Comprehensive School Girl', aka Arthur Beale, leaving the third prize to be picked up by 'Batman'. The first prize in the female singles was won by a half-and-half Dolly Parton and hairy Kenny Rogers followed in second place by Dr Alyson as 'Irish Coffee'. Third prize was won by 'The Pantomime Dame' who is currently touring the local village halls in the area performing pantomime for the communities.

The 'Sandville Scrubbers' did their usual concluding performance with a sketch called 'House of Fun' using the Madness song, after which Arthur Beale took to the podium to present his closing address.

He expressed his sincere thanks to the Hi-Tide for hosting the event and to all those who had turned out for the fancy dress ball.

The raffle was drawn on the following morning (Sunday) by Sister Gwyneth Poacher's great grandson William, with the first prize, the television set, being won by Mac, a Wednesday patient from Sandville.

A date for the diary – the 33rd annual Sandville Thanksgiving Service will be held at All Saints Church, Porthcawl, at 3pm on Sunday, February 5.

All are invited to the service and the party and entertainment which follows afterwards at the Sandville Self Help Centre, Tŷn Kenfig.



ABOVE: Helmut the German (left) took first prize in the male singles section.



The judging panel had a difficult task on the night.



Arthur Beale



ABOVE: First prize in the couples went to the two US Presidential candidates!



ABOVE: First prize in the groups went to a send up of that 'twerking' ad for a financial advice company.



The 12th Night organising team.



The King and Queen of Wales



The 'Sandville Scrubbers'



Back at The Sandville, making the raffle draw the following morning.



ABOVE: The Sandville's own fancy dress team.

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Family Notices

ACKERMAN**Morgan (Morgie)**

Taken from us too soon on January 4th at the University Hospital of Wales - Morgan, aged 16 years. An adored son of Leanne and Mark, much loved brother to Elle, special stepson to Darren and Sue, loving best brother of Eloise and Maisie. A cherished grandson to Helena and June.

"Morgie, you touched the hearts of many and will be so greatly missed by all who knew and loved you."

Morgan is in the care of Lyndsay Ellis @ The Vale Funeral Service, 181 Court Road, Barry until a celebration of his life at St Mary's Church, Holton Road, Barry on Saturday, January 21st at 10.30am, followed by cremation at Cardiff & Glamorgan Crematorium. Family floral tributes only, donations if desired may be made at the service to support Wish Upon A Star in memory of Morgan.

You are welcome to leave your personal messages and messages via Morgan's online tribute page at www.valefuneralservice.co.uk.

Family request that all who attend, please wear something blue.

CASE**Sue**

Peacefully on December 31st at the University Hospital of Wales, Sue, well known for her time at the Department of Health & Social Security within Cardiff. A much loved sister, aunt and friend.

She will be greatly missed by all who knew and loved her.

Sue is in the care of Lyndsay Ellis @ The Vale Funeral Service, 181 Court Road, Barry until a celebration of her life at Cardiff & Glamorgan Memorial Park, Port Road, Barry on Thursday, January 19th at 11am, followed by interment at Barry Cemetery.

Flowers may be sent to the funeral home, donations, if desired, may be made at the service or via Sue's online tribute page at www.valefuneralservice.co.uk where you are also welcome to leave your personal messages and memories. All donations received to support PDASA. The family request colourful clothing (optional) to reflect on Sue's personality and character.

JONES**Valerie Mary (previously Thomas)**

Peacefully at home on December 28th, Valerie, a Pharmacist for many years in Barry, was widow to the late Dr Peter Jones, and is survived by her daughters Katherine, Rebecca and Jennifer and granddaughter Charlotte.

Funeral service at Holy Trinity Presbyterian Hall on Monday, 16th January at 10am. Family flowers only. Donations in Valerie's memory may be made to Marie Curie, Bridgeman Road, Penarth, CF64 3YR.

LYNCH**Thomas Frederick (Fred)**

Peacefully fell asleep on December 20th at Llandough Hospital, aged 86. Formerly known from Barry, Mr Lynch will be sadly missed by his dearly-loved wife Lillian Lynch, family and friends.

Resting at Park Independent Funeral Directors, Barry until his funeral service on Friday, January 13th at The Cardiff and Vale Crematorium, Port Road, Barry 12pm. The family welcome flowers, if desired.

MATTHEWS**Francis (Frank)**

Peacefully after a short illness on Friday, 30th December. Loving husband of Carolyn. Loving father of Karen and Sian. Cherished grandfather of Blake, Jake, Samara and Alfie.

He will be sadly missed by all who loved and knew him.

A celebration of Frank's life will take place at Barry Memorial Hall on Friday, 20th January at 11am, followed by burial in Barry cemetery at 12.30pm.

No dark clothing please. Family flowers only by request. Donations in memory of Frank to the Stroke Association may be made at the service or sent to the Funeral Directors. Resting at Robert D. Johnson Funeral Directors, 29 Holton Road, Barry, 01446 733844.

GRIFFITHS**Dorothy Edith (Dot) (née Wride)**

Peacefully on New Year's Day at her home in Barry, Dorothy, aged 88 years. Much loved wife of the late Harry (Chick). Cherished mother to Russell, Chris, Helen, Lyndon and Tim. Adored grandmother and great grandmother who will be sadly missed by her brother Fred, her family and friends.

Resting at A.G. Adams Funeralcare, Gladstone Road, Barry until the service in the funeral home chapel on Thursday, 19th January at 11am, followed by cremation at the Cardiff & Glamorgan Crematorium, Barry.

Family flowers only please, donations if desired for Marie Curie Cancer Care (Holme Tower) may be forwarded to the funeral director.

TIPPLES**Vera (née Bevington)**

Unexpectedly at Llandough Hospital on December 29, 2016, Vera aged 85 years. Beloved wife of Cliff, much loved mam of Julie, Sue, Bev and Alison, also a loved mother-in-law, nan and great nan.

Vera will be sadly missed by all her family and friends.

Resting at A.G. Adams Funeralcare until the service at St Mary's Church, Wenvoe on Tuesday, January 17, 2017 at 12 noon, followed by committal at Cardiff & Glamorgan Crematorium.

Family flowers only, donations in lieu if so desired for the RNIB c/o the funeral director.

MORGAN**Frederick Llewellyn**

Suddenly on January 2 at Llandough Hospital, after a short illness, Fred of St. Athan. Beloved husband of the late Joyce, dearly loved father of Pauline and Peter, father-in-law of Paul and Mel, much loved Ampy of all his grandchildren and great grandchildren.

Resting at the Private Funeral Home of W James & Sons, Fonmon, Funeral Tuesday, January 17, service and cremation 1.45pm at Coychurch Crematorium, Bridgend. Family flowers only may be sent to the funeral home, donations in lieu, if desired, to Cancer Research UK c/o J James, 11 Fonmon Road, Rhosce, Vale of Glamorgan, CF62 3DZ.

HUMPHREY**Ann Joyce**

Peacefully on January 7 at Princess of Wales Hospital, Bridgend, Ann of Boverton, Llantwit Major. Beloved wife of Keith, dearly loved mother of Jonathan and Marc, dear mother-in-law of Katrina.

Resting at the Private Funeral Home of W James & Sons, Fonmon. Funeral Thursday, January 19, service and cremation 3.15pm at Coychurch Crematorium, Bridgend. Flowers may be sent to the Funeral Home or donations in lieu, if desired, may be sent to Cancer Research Wales c/o J James, 11 Fonmon Road, Rhosce, Vale of Glamorgan, CF62 3DZ.

CAIN**Eileen Annie**

Peacefully on January 2 at Princess of Wales Hospital, Bridgend, Eileen (nee Chappell) of St. Athan, beloved wife of the late Edwin, much loved mother, grandmother, great grandmother, sister and aunt.

Resting at the Private Funeral Home of W James & Sons, Fonmon. Funeral Friday, January 20, service and cremation 2.45pm at Coychurch Crematorium, Bridgend. Family flowers only may be sent to the funeral home, donations in lieu, if desired, to British Heart Foundation c/o J James, 11 Fonmon Road, Rhosce, Vale of Glamorgan, CF62 3DZ.

APLIN**Richard James**

Passed away peacefully on Friday, 30th December at the Princess of Wales Hospital, Bridgend, surrounded by family, aged 30. Much loved fiancé of Abbie, son of Cliff and Nicola, brother of Matthew, uncle of George and Betsi and grandson of Sonia.

The funeral will be held at 11.45am on Thursday, January 19th at Holy Cross Church, Cowbridge, followed by a short service at Coychurch Crematorium. All welcome to celebrate Richard's life. Family flowers only please.

WILLIAMS**Eric David**

Suddenly but peacefully on 3rd January. Loving husband to Tessa, loving father to Dawn, Sian, Ceri and Nerys. Loving grandfather and great-grandfather.

Will be sadly missed by all who knew him. Resting at Park Funeral Directors. Funeral service to take place at All Saint Church on Thursday, 19th January at 2pm, followed by committal at Cardiff and Glamorgan Crematorium, Port Road, Barry at 3pm. Family flowers only by request. Donations, if desired, to Ty Hafan Childrens Hospice.

BARNES**Joyce Enid**

Peacefully in her sleep at Llandough Hospital on Friday, 6th January 2017. Joyce (Nurse Barnes) of Yew Tree Court, Barry. Dearly beloved wife of the late Jack, much loved mum of Sara and the late Susan. Mother-in-law of Gary and Alwyn, adored nan of Stephen, Sarah, Ryan and Katie, great-nannie Joyce of Megan and Tomos. *Joyce will be sadly missed by all her loving family and many friends*

Resting at A.G. Adams & Son Funeral Home, Gladstone Road, Barry until her funeral service in the chapel on Monday, January 23rd at 1pm, followed by cremation at the Cardiff & Glamorgan Crematorium, Barry at 2pm. Family flowers only but donations in lieu of flowers to Ty Hafan, The Children's Hospice in Wales, Appeals Office, Hayes Road, Sully CF64 5XX. Colourful attire preferred, black optional.

MOORE**Mary Agnes**

Sadly Mary died on January 2nd at the University Hospital of Wales, following a long illness. Mary, dearly beloved wife of Gerald, loving mother of Geraldine, Anthony, Shaun and Kevin. Much loved mother-in-law of Rayann, Michelle, Jumei and Christopher. Adoring gran of Sophia, Matthew, Daniella, Daniel, Benjamin, Christian and Patrick, and a dear sister of Theresa.

Mary will be greatly missed by all who knew and loved her.

Our family would like to thank, with all our hearts, the caring nursing staff on Morfa Day Unit, Barry Hospital and the kind nursing staff from Care in the Vale. All of you helped us to keep mum at home, surrounded by her family whom she loved. The funeral will be held in Dublin on Saturday, January 14th. A Memorial Mass will be held in St Helen's Roman Catholic Church on Saturday, January 21st at 9am (where all are welcome).

Family flowers only please, but should you wish to donate in memory of Mary, the chosen charity is the Alzheimer's Society.

NASH**Linda**

Suddenly on January 10th at the University Hospital of Wales - Linda, aged 50 years, a well-known skitter of The Castle Bandits and a respected member of Parkside Church, Barry. Dearly loved mum of Matthew, Nathan and Daniel. Loving daughter to Pauline and Robert, special step-daughter of John, cherished nan to Lola. *Linda will be greatly missed by all her family and many friends.*

Resting in the private chapel of The Vale Funeral Service, 181 Court Road, Barry until her service at Mount Pleasant Baptist Church, Cadoxton, Barry on Wednesday, January 25th at 9.45am, followed by cremation at Cardiff & Glamorgan Crematorium. Family flowers only. Donations, if desired, may be made at the service or via Linda's online tribute page at www.valefuneralservice.co.uk where personal messages may also be left.

The family request that everyone wear something red.

Acknowledgment**EVANS****Meirion**

Tina Evans and her sister Jean Irving would like to thank the many friends who sent letters and cards of condolence during their recent bereavement.

The funeral at Trellis Church, St Nicholas and at Coychurch Crematorium on 22 December 2016 was so well attended. Meirion would have been overwhelmed.

We would like to thank Rev Prof John Heywood Thomas and the Venerable William P Thomas for conducting such heartfelt services and Gwyn Morgans for playing the organ so beautifully. Also W James & Sons, Funeral Directors for their professional, caring and personal manner throughout the day.

In Memory**CLEMO****Bill**

14/1/1927 - 20/7/2008

90 this week Dad

Although we smile and make no fuss

No-one misses him more than us

And when old times we often recall

Then we miss him most of all

Always in our thoughts

Lots of Love

Les, Ian, Boof and all our Families

TO ADVERTISE YOUR SITUATIONS VACANT, FAMILY NOTICES, BIRTHDAYS, ANNIVERSARIES, ETC
Call Sue on 01446 774484.
email: gemsales@tindlenews.co.uk

PRIOR**Stephen John**

Peacefully on January 2 at Marie Curie Hospice, Penarth with his family at his bedside, Stephen, a retired builder within Cardiff and the Vale. Loving husband to the late Susan. Much loved dad of Martyn and Nigel, Beloved father-in-law to Laura and an adored grampy to Anthony, Jessica, Molly and Tyron.

Stephen will be dearly missed by all who knew and loved him.

With special thanks to the staff at Marie Curie for their kindness and care given to Stephen in his time there. Resting in the private chapel of The Vale Funeral Service, 181 Court Road, Barry until his service at Cardiff and Glamorgan Crematorium on Friday, January 20 at 11am. Family flowers only, donations if desired, may be made at the service to support Marie Curie Hospice, Penarth in memory of Stephen.

PARKER**Dr Stuart James**

Suddenly but peacefully on 29 December at Ty Gwyn Nursing home, Penarth. Dr Stuart James, aged 75 years, of Sully, previously of Barry. Dearly loved husband of Judith. A loved father of Simon, Sally and Amanda. Loving father-in-law and cherished grandfather of his eight grandchildren. *Stuart will be sadly missed by all of his family and friends.*

Resting at A.G. Adams & Son Funeral Home, Gladstone Road, Barry. Committal service at Cardiff & Glamorgan Crematorium, Port Road East, Barry on Friday, 20 January at 3pm, followed by a service of Thanksgiving at Mount Pleasant Baptist Church, Cadoxton, Barry at 3.45pm. Family flowers only. If desired, donations to Parkinson's UK may be handed to the funeral director after the funeral.

HINTON**Sylvia Evelyn**

Peacefully on 4 January 2017 at the University Hospital of Wales, aged 90 years. A much loved wife of the late Stan, beloved sister of Pat and the late Jack, Phyllis, Sid and Jean. Wonderful mum to Dianne, Janice, Stephen and mother-in-law to Alan and Shirley, also a special nana to all her grandchildren, great grandchildren and great great grandchildren.

Sadly missed but will be remembered always with love every day.

Resting at A.G. Adams Funeralcare until the service in the Chapel of Rest on Friday, 20 January 2017 at 10.30am, followed by interment at Barry Cemetery. Family flowers only, donations in lieu, if so desired for, Ty Hafan c/o the funeral director.

Situations Vacant



VACANCY FOR HEATING INSTALLATION AND PLUMBING SUPERVISOR (SE Wales)

Due to further expansion and award of long term heating installation contracts, the above vacancy has arisen based at our head office in the Vale of Glamorgan. OFL are a multi-disciplined contracting company specialising in off grid heating systems with a large domestic and commercial customer base.

We are looking for someone who can:-
Survey and design heating systems (oil, solid fuel, gas).
Fault find and correct on the above systems.
Capable of leading an installation team.
Conducting staff appraisals.

The successful candidate will:-
Be experienced and qualified in oil, gas and solid fuel heating systems.
Have at least 15 years post-apprenticeship experience.
Possess good customer skills.
Be self-motivated and able to communicate electronically.
A fully equipped company vehicle and uniform are provided, together with company pension scheme and usual holiday benefits.

Salary £28-34k depending on experience and bonuses.
If interested please contact Mark or Tim on 08448 797240 or send your CV to personnel@theoilspecialists.com

Birthdays

Happy 70th Birthday
Glyn Evans
on 17th January
Have a great day!
All my love, Jan,
and love from all the family
xxx

LOOK WHO'S 50
JULES TEAGUE
Who's nifty at 50!
Wishing you a wonderful
50th birthday on 10 January.
We love you so much
Sam, Jess, Karl, Rosie and all
your family and friends xxxx

Engagement

Mr & Mrs David James
are proud to announce
the engagement of their son
Nathan James
To
Shannen Leigh Bailie
Welcome to the family Shannen,
Wishing you both every happiness for the future.
With love from all your family & friends xxx.

Thank You

THANK YOU

Following a recent incident at her home in East View, Llandow, Daphne would like to thank all her family and friends for their continued support and help, and also the kind words and generosity shown by the villagers of Llandow, which is greatly appreciated.

Daphne would also like to thank the fire crews and other emergency services that attended the scene, for their prompt response and professionalism shown to ensure the fire was contained and no-one was hurt.

Daphne is truly thankful and very grateful to all that have supported her, and is looking forward to returning to the village in the near future.

Thank you
DAPHNE WILLIAMS

Public Notices

NOTICE OF MAKING OF AN ORDER HIGHWAYS ACT 1980 THE VALE OF GLAMORGAN COUNCIL (PUBLIC FOOTPATH NO 48 ST BRIDES MAJOR) PUBLIC PATH DIVERSION ORDER 2016

The above Order, made on 28 December 2016, under Section 119 of the Highways Act 1980, will divert the public footpath to the east of Pontobello House from a line running from NGR 287389 176272 to the adopted highway, NGR 287758 176490 to a line running from NGR 287389 176272 to the adopted highway, NGR 287562 176248 as shown on the Order map.

A copy of the Order and the Order map have been placed and may be seen free of charge at The Dock Office, Barry Dock, Barry, Vale of Glamorgan, CF63 4RT, during normal office hours. Copies of the Order and Order map may be bought there at the price of £4.50.

Any representations about or objections to the Order may be sent in writing to the Head of Regeneration and Planning, Dock Office, Barry Dock, Barry, Vale of Glamorgan, CF63 4RT not later than the 9 February 2017. Please state the grounds on which they are made.

If no such representations or objections are duly made, or if any so made are withdrawn, The Vale of Glamorgan Council may confirm the Order as an unopposed Order. If the Order is sent to the Welsh Ministers for confirmation any representations and objections which have not been withdrawn will be sent with the Order.

Dated: 12 January 2017

NOTICE OF MAKING OF AN ORDER HIGHWAYS ACT 1980 THE VALE OF GLAMORGAN COUNCIL (PUBLIC FOOTPATH NO 50 ST BRIDES MAJOR) PUBLIC PATH CREATION ORDER 2016

The above Order, made on 28 December 2016, under Section 28 of the Highways Act 1980, will create a public footpath from the adopted highway, B4524 (NGR 287574 176244) to the adopted highway, B4524 (NGR 288300 176872) as shown on the Order map.

A copy of the Order and the Order map have been placed and may be seen free of charge at The Dock Office, Barry Dock, Barry, Vale of Glamorgan, CF63 4RT during normal office hours. Copies of the Order and Order map may be bought there at the price of £4.50.

Any representations about or objections to the Order may be sent in writing to the Head of Regeneration and Planning, Dock Office, Barry Dock, Barry, Vale of Glamorgan, CF63 4RT not later than the 9 February 2017. Please state the grounds on which they are made.

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Dated: 12 January 2017

HYSBYSIAD GWNEUD GORCHYMYN DEDDF PRIFYFDD 1980 CYNGOR BRO MORGANNWG (LLWYBR CYHOEDDUS RHIF 48 SAINT-Y-BRID) GORCHYMYN DARGYFEIRIO LLWYBR CYHOEDDUS 2016

Bydd y Gorchymyn hwn, a wnaed ar 28 Rhagfyr 2016, dan Adran 119 Deddf Prifffydd 1980, yn gwynnol iwybr cyhoeddus i'r dywysiad o Pontobello House a linell sy'n rymd o lwynt Cyfeirnod Grid Cenedlaethol 287389 176272 at y briffordd labrysiedig, Cyfeirnod 287758 176490 hyd at linell sy'n rymd o lwynt Cyfeirnod 287389 176272 at y briffordd labrysiedig, 287562 176248 fel y dangosir ar fap y Gorchymyn.

Mae copi o'r Gorchymyn a map y Gorchymyn wedi eu gosod a gellir myned i'r gweld am ddim yn Swyddfa'r Dock, Dockau'r Barri, Y Barri, Bro Morgannwg, CF63 4RT nid hwyraich na 9 Chwefror 2017. Nodwch ar ba sailiau rdydych chi eu gwneud.

Os na ddaw unrhyw alywadus na gwrthwynebiadau i law, neu os ddaw eu hysbysu'n ôl, gall Cyngor Bro Morgannwg gadarnhau'r Gorchymyn fel un nas gwrthwynebiad. Os anfonir y Gorchymyn at Weirddogion Cymru i'r gadarnhau, gall unrhyw alywadus neu wrthwynebiadau nas hysbysu yn ôl os hanfon i'r Gorchymyn.

Dyddiad: 12 Ionawr 2017

HYSBYSIAD GWNEUD GORCHYMYN DEDDF PRIFYFDD 1980 CYNGOR BRO MORGANNWG (LLWYBR CYHOEDDUS RHIF 50 SAINT-Y-BRID) GORCHYMYN CREU LLWYBR CYHOEDDUS 2016

Bydd y Gorchymyn hwn, a wnaed ar 28 Rhagfyr 2016, dan Adran 28 Deddf Prifffydd 1980, yn creu lwybr cyhoeddus o briffordd labrysiedig B4524 (Cyfeirnod Grid Cenedlaethol 287574 176244) at briffordd labrysiedig B4524 (Cyfeirnod 288300 176872) fel y nodir ar fap y Gorchymyn.

Mae copi o'r Gorchymyn a map y Gorchymyn wedi eu gosod a gellir myned i'r gweld am ddim yn Swyddfa'r Dock, Dockau'r Barri, Y Barri, Bro Morgannwg, CF63 4RT yn ystod eiddau swyddig arferol. Gellir prynu copïau o'r Gorchymyn a map y Gorchymyn yno am £4.50.

Gellir anfon unrhyw alywadus am neu wrthwynebiadau at y Gorchymyn yn ysgrifenedig at Bennaeth Adfywio a Chymhleirio, Swyddfa'r Dockau'r Barri, Y Barri, Bro Morgannwg, CF63 4RT nid hwyraich na 9 Chwefror 2017. Nodwch ar ba sailiau rdydych chi eu gwneud.

Os na ddaw unrhyw alywadus na gwrthwynebiadau i law, neu os ddaw eu hysbysu'n ôl, gall Cyngor Bro Morgannwg gadarnhau'r Gorchymyn fel un nas gwrthwynebiad. Os anfonir y Gorchymyn at Weirddogion Cymru i'r gadarnhau, gall unrhyw alywadus neu wrthwynebiadau nas hysbysu yn ôl os hanfon i'r Gorchymyn.

Dated: 12 January 2017

LICENSING ACT 2003

Section 17 (5)

Notice of Application for a

Premises Licence

NOTICE IS GIVEN THAT

An application has been made to Bridgend County Borough Council (the Licensing Authority) for a PREMISES LICENCE to permit licensable activities which it is proposed will be carried on, on or from the premises shown below. Details of the application may be inspected between the hours of: Monday to Thursday 0830 to 1700 hours and Friday 0830 to 1630 hours at Civic Offices, Angel Street, Bridgend, CF31 4WB or by visiting the authority's website: www.bridgend.gov.uk

Any responsible authority or any other person may make representations in respect of the application, which must be submitted, in writing, to the following address before the date shown below:-

Licensing Section, Bridgend County Borough Council, Civic Offices, Angel Street, Bridgend, CF31 4WB

NAME OF APPLICANT: COTY LTD

NAME AND POSTAL ADDRESS OF THE PREMISES: COTY CASTLE PUB

2 MORFA STREET BRIDGEND, CF31 1HA

STATEMENT OF INTENDED LICENSABLE ACTIVITIES: (1)

Sale of Alcohol

Live Music

Recorded music

Anything of a similar description to that falling within live music

Monday - Thursday 11.00 - 23.30

Friday-Saturday 11.00 - 00.00

Sunday 12.00 - 23.00

Boxing Day 11.00 - 01.00

New Year's Eve 11.00 - 01.00

DATE BY WHICH REPRESENTATIONS MUST BE MADE: 31/01/2017

This notice remains in force from and including the day after the giving of this notice to the licensing authority, namely 02/01/2017 for 28 consecutive days. It is an offence knowingly or recklessly to make a false statement in connection with an application.

The maximum fine on summary conviction is £5,000.

(1) This must include details of activities, type of entertainment and appropriate days and times.

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At The GEM, Graig House, 53 Eastgate, Cowbridge CF71 7EL or telephone us with your wording by 12 noon Tuesday. All major credit cards accepted. Tel 01446 774484. Adverts must contain a residential land line telephone number. You may alter your advert as items are sold. Sorry no refunds are given.

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Articles For Sale

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Wooden with glass front
2 doors, 3 drawers, 3
shelves. Approx 4ft 6
inches high, 4ft 2 inches
wide, 1ft 2 inches deep

£50

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FOR SALE

Heavy duty 1600w,
240v to 110v transformer
with 2 American plug
socket outputs.

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Kirby Heritage II vacuum
cleaner, American model
(requires transformers).
In good working order.

£25

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Magnetic, Blue,
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full instructions

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Roma Shoprider Scooter
complete with
battery and charger.

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07971544963

Spoils shared as Barry Town draw with Penybont



Louis Gerrard lines up a free-kick.

IT was billed as the Welsh League's match of the weekend and despite the goals coming relatively early, Barry Town's Division One clash with hotly-tipped Penybont proved a compelling affair, with the spoils shared at Jenner Park in a keenly-contested 1-1 draw.

With an action-starved crowd of 485 witnessing a first home match since November 19, the roof was raised in the 11th minute as Louis Gerrard curled a fine free-kick into the top corner, the midfielder scoring his second goal of the campaign to put Barry a goal to the good.

Rhys Griffiths' visitors though had little intention of rolling over and the Town's slender advantage would last for a mere matter of minutes before Joe Hopkins pulled Penybont level, beating goalkeeper Mike Lewis for only the ninth time in Barry's 13 Welsh League outings to date.

With both teams carving out opportunities to go on and win the game, Penybont might have been the more disappointed not to turn their possession and



The Town players celebrate their goal. Picture by Same Old Smith Photography and Video.

attacking territory into a full three points, although Barry had the better chances in a hard-fought second half, spurning one attempt from six yards out and seeing another set piece deflected agonisingly into the side netting.

Left to settle for the single point, Barry remain unbeaten at Jenner Park in First Division play, with Cwmbran Celtic next to challenge their record on Saturday, February 4.

This coming Saturday meanwhile sees the Town travel to former champions Monmouth

Town, in a 2pm kick-off. Tickets for the forthcoming Nathaniel MG Cup final against The New Saints are still on sale, available to collect from the Jenner Suite this and next Thursday between 6pm and 8pm.

Prices are £7 (adults) and £3 (concessions), with tickets sold in advance of the final (to be played at Cardiff Met FC, a 5.15pm kick-off on Saturday, January 21) providing the club with a percentage kickback from the Football Association of Wales.

AC

Sully View's tough test against Ferndale

WITH Sully View RFC having not played for a month, and then only one game in over two months, the trip to league leaders Ferndale promised to be a hard test.

The hosts stood top of the pile with a 100 per cent record – six bonus points wins out of six league games, including the season's opening day 26-10 win at Sully.

The first half was a tough and even contest, and Sully were first on the scoreboard with a Dai Harris penalty, only for Ferndale to sneak into a halftime lead with an unconverted try.

The second period turned into a disaster, and although Ferndale had two players red-carded – one for stamping and one for punching – their three-quarters were clinical with all their possession, cutting the Sully defence to ribbons.

The View's only consolation for all

their hard work was a converted try, lock Alex Schuenik finishing off a great period of open play in which virtually the whole team was involved in a great inter-passing move, and Harris added the conversion.

The next fixture is on Saturday, January 14, and will see Sully View travel to Llandrindod Wells.

The next club reunion night will be held at the Market Street Club on Friday, January 27, and past and present players/members are welcome for an easy-going social night.

As at every reunion so far, new faces appear, adding to the font of friendships, and the songs, stories, and memories, of the 'better' times gone by.

Again the reunion will raise money for a local charity, as identified by, and closely connected to, the players themselves.

MJS

Porthcawl RFC are pushed by Glyncorrwg

ANY notions that may have existed of top of the table Porthcawl doling out a New Year thumping to bottom club Glyncorrwg were quickly dispelled as the visitors put up a strong show that made nonsense of their current league standing.

From the outset 'Corrwg set about disrupting Porthcawl efforts to play running rugby as their ferocious tackling made a proper game of it.

As a result it took fully 25 minutes for the Seaweeds to register the first points of the day, with scrum-half Ross Parsons being instrumental in it.

His smart charge down of Glyncorrwg's clearing kick saw outstanding home second row Leon McNally, who had a fine match

throughout, hack the loose ball through and win the race for the touchdown, a well-deserved try at the posts.

Josh White's simple conversion made it 7-0 to settle the nerves of home supporters.

Porthcawl's scrum was a strong feature of the first half as they won both their own put-in and stole Glyncorrwg's on a number of occasions, yet it was from a well-taken lineout that the next score came.

Skipper Richard Hnyda took the ball cleanly and his back got in behind to drive him home for the score, a try halfway out on the left.

White's trusty boot ensured the extra points with the conversion to make the 14-0 score somewhat more encouraging at half-time.

The visitors enjoyed the better of the first quarter of the second half and were bolstered by the experience of lock Steve

Lewis as well as the impressive Gareth Kingman at full-back, both coming off the bench.

As the Glyncorrwg scrum improved, it was Kingman who took advantage by making several forays into Porthcawl territory with some strong and intelligent running.

A sustained period of pressure in and around the home 22, saw Kingman get his reward with a deserved but unconverted try, leaving the result far from certain.

However, Porthcawl's defensive display found another level and despite the endeavours of the visitors, Porthcawl held out for the win at 14-5, a result which puts them 10 points clear at the head of the table.

The Seaweeds will seek another double on Saturday when Bryncethin visit South Road.

PF

New year, new fortunes as the Barry Seconds earn away win

BARRY RFC Second XV was hoping that the new year will bring renewed fortunes on the pitch, starting with this encounter against Cardiff Quins' second XV.

In manager Ken Chow's last game in charge, coach Rhidian Scott was able to field a side featuring no withdrawals, a rarity this season.

He was also able to welcome back experienced centre Dave Provis to partner Luke Bounds in midfield, and also Owain Poole in the back row.

The better preparations off the field were reflected on the field, as Barry took the game to the opponents right from the off.

Dominating possession and territory, with strong runners that the Quins' defence were struggling to contain, it seemed only a matter of time before Barry would open the scoring.

After a kickable penalty opportunity was spurned, Barry began to fall foul of the referee's whistle due to differences in interpretation in the contact area, and the home side began to grow in confidence.

Indeed the Quins scored twelve unanswered points in the period leading up to half-time, with the Barry management bewildered with some of their team's decision making and poor kicking.

Scott laid into his team at the interval and the result was instantaneous.

From the kick off, the ball was fielded by Deyes, spread out wide by captain Joel Williams, and the combination of Provis with Garth Peake saw Bounds finishing an end-to-end move for the visitor's first score.

Dylan Robertson added the extras.



Action from Barry RFC Seconds' game against Cardiff Quins Seconds. Picture by Howard Poole.

With the momentum now firmly behind them Barry put their opponents under immense pressure. Opting to keep the ball in hand as supposed to kicking aimlessly, the away side were begin to find holes in the home defence as the Quins visibly tired.

After a period of sustained pressure it was down to Jamie Oaten to crash over for a well-deserved try. The conversion was missed but the scores are now level.

With the home side down to 14 men following their own run in with the official, Barry sensed that the game was there for the taking and turned the screw. After a move behind a set scrum came to apparently nothing, the green-and-whites recycled the ball and it was left to Jake Goodfellow to show immense strength to power across the line to score. Robertson added the extras.

The Quins brought on reinforcements to stem the green and white tide but it was too late.

Another strong, probing run from Provis should have ended up with him scoring, but after he was thwarted by a superb last ditch tackle,

Oaten was on hand to cross for his second try of the game. Robertson's conversion put Barry 14 points clear.

The home side did respond with an unconverted try late on, but despite a spirited assault on the Barry line, they were denied by some brilliant collective defensive work by the visitors who closed out the game 26-17.

The second half comeback by Barry showed the spirit and class of this group of players, and underlines the necessity of good preparation for positive results on the pitch.

Barry Second XV return to action this weekend at home to Llanrumney in the Mallet Cup.

Team: Robertson; F Peake, Provis, Bounds, G Peake; J Williams (c), Busuttill; Hall, Evans, Corne; Deyes, M Williams; Poole, Goodfellow, Oaten. Replacements: Forti, Ashill, Jones, Gill. Man-of-the-match: Provis.

KC

Weakened Pencoeed picked off by Ystradgynlais

WITH the Pencoeed playing resources stretched to the limit, this game against Ystradgynlais was always going to be an uphill task, and despite the best efforts of a young Pencoeed team, the high-flying home side ran in six tries, winning 42-12.

Leading try scorer Curtis Davies got a brace of touchdowns with co-centre Luc Williams and wing three-quarter Emyr Addey also crossing for tries.

Hooker Daniel Morgan and second row Emyr Lawrence got further tries, profiting from the well-controlled driving maul of their

pack, Lawrence added three conversions and a penalty goal with Owen James also kicking a penalty.

For Pencoeed wing Ryan Russell scored a fine try showing good skills with a chip and chase from 22 metres out to score in the corner.

To their credit the Pencoeed side gave their all and got a well-deserved late consolation try from Owain Clark, the young hooker picking a good angle to cross wide out, Jacob Lloyd adding the conversion.

Next up for the Pencoeed 1st XV is a home fixture against Brynamman in Division 2 West Central, 2.30pm kick-off.

TR

Spoils shared for Llantwit Major under-12s

LLANTWIT MAJOR Dragons played Cowbridge Town Blacks last Saturday at Windmill Lane, where the game was drawn 4-4.

Cowbridge started the game with a goal which then saw the dragons striker Dylan Morgan quickly cancel this out with a fantastic solo finish.

With the game at 1-1 with 10 minutes played it was evident that there were many goals to come. Dylan scored yet again with Ben Godfrey and Liam Nicholls linking up to give Llantwit the lead.

Cowbridge continued to attack and were rewarded with two quick goals to turn the game on its head. With half time

approaching Ben Godfrey was to score Llantwit's third with great attacking play from Sam Alexander and Will Harrison Watts.

Unlike the first half, the second half saw less goals with both defences tightening up. Dylan completed his hat-trick with yet another individual goal showing great composure going one on one with the keeper.

However Cowbridge equalised in the dying minutes to share the points. Man of the match was given to Abraham Farnell who defended brilliantly throughout the game.

Praise must also be given to both Ethan Austin and Josh Woods who worked tirelessly up and down the pitch.

JT

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RUGBY IS REPLAYING THE US BASEBALL 'MIDGET' SCANDAL

Tackle laws need an urgent rethink – by Philip Irwin

W RITING a headline like the above has its own pleasures, but then you have to justify it, so bear with me a moment while I tell you the story of Bill Veeck.

Bill was a showman who owned a US Major League baseball club, the St Louis Browns.

He was an entrepreneur, given to outrageous publicity stunts – the Donald Trump of his day – and his most famous stunt involved signing a midget, Eddie Gaedel, to play for his team.

Why? Well Bill had spotted a loophole in the rules. A baseball pitcher has to aim at a target area – no higher than the batter's shoulders, and no lower than the knees.

Fire three pitches into this area without the batter getting a clean hit and it's a case of 'three strikes and you're out'.

Conversely, throw four pitches outside the strike zone, and the batter gets a walk to first base. This can be a big deal for the batting side if they have a runner on third base, because he strolls to home plate to score.

Some players specialise in this high pressure situation, and are known as 'pinch hitters'.

So, in Eddie Gaedel's first and only major league game, he was sent on to pinch hit – and all hell broke loose.

You see, Bill Veeck had instructed Eddie, who had never played baseball in his life, to lean forward, crouch, and on no account attempt to hit the ball.

He even told Eddie that he had stationed snipers on the stand

roof with orders to shoot him if he disobeyed instructions. (It's generally accepted that Bill was joking about this!)

The poor pitcher, Bob Cain, found himself presented with a target area of about six inches and, not surprisingly, his first two pitches were too high.

His second two were just thrown in the air in disgust and Eddie moved on to first base, where he was immediately replaced by a long-legged sprinter.

The repercussion was that the baseball commissioners went ballistic, banned Eddie, and changed the rules so that it could never happen again.

Eddie didn't make anything of his 15 minutes of fame, and drank himself into an early grave at the age of 36. The only baseball person who attended the funeral was Bob Cain.

Looking at this through present day eyes, it is also very sad that the scandal was the abuse of baseball's rules, rather than the mistreatment of a person of restricted height.

So, why did this bizarre scandal come to mind when Scarlets played Ulster last Friday?

Well, if you haven't already guessed, it was Scarlets' match-winning penalty try, awarded after scrum-half Aled Davies darted for the line from five yards out, and was ruled to have been high tackled. Actually, it was 50 per cent a dart and 50 per cent a dive. A couple of steps in a crouched position, prior to launching himself in a dive for the line.

There was nothing new in this tactic. Ever since it was realised

that small, slippery characters were best suited to the scrum half position, famous names from Dickie Jeeps to George Gregan have scored tries in this manner.

It carries an element of risk, of course, because if a defender reads your mind, you might find yourself diving into a brick wall – and that is what happened to Aled Davies.

If he had been running normally, the first tackler (Sean Reidy) would have caught him right in the solar plexus, but Davies' head was low and Reidy was unfairly penalised. (At this point, I think it's best to ignore the second Ulster tackler, David Trimble, who came in with a swinging arm and deserved to be penalised, but wasn't!)

The situations are not, of course identical. Eddie Gaedel stood stock still, while Davies took a calculated risk by going low to get a try. However, the massively restricted target area offered to the pitcher/tackler was the same.

The Ulster defenders had no chance of making a legal tackle, so what were their options? It strikes me that they could have simply tried to stand in the path of Davies' intended dive.

I don't think that would be illegal, but the consequences of the attacker's head coming into contact with a knee or a hip bone doesn't sound too safe to me.

The US Baseball Commissioners had instant autocratic powers and acted immediately. Compared to them, rugby's lawmakers bring to mind the 'turning a supertanker' analogy, but something needs to be done urgently or else the Six Nations could be a farce!

FEMALE GOLFERS GOING FOR GOLD WITH CLOGAU!

WELSH lady golfers have some golden backing, with Clogau Gold becoming the first ever sponsors of the Welsh Ladies Team Championships.

It is the largest competition in Welsh golf with regional qualifying leading to national finals, with leading Welsh company Clogau getting involved for the first time though they have helped golf development in Wales and also sponsor Ladies European Tour pro Amy Boulden.

Newport won this year's Welsh Ladies Team Championships with 14-year-old Ffion Vineall sinking the winning putt at Wenvoe Castle golf club, as they defended the title in an all Monmouthshire final against St Pierre.

Golf Union of Wales championships manager, David Wilson, commented:

"We are delighted that Clogau Gold have become the title sponsors of the Welsh Ladies Team Championships."

"Clogau will be involved in the sponsorship of the event and the prizes on offer, so I am sure the players will enjoy that and match our excitement that they are getting involved."

Teams enter three regional finals of the Welsh Ladies Team Championships, with the top 32 qualifying for the national finals, first round losers going into a Plate competition.

Sports sessions start for new year in Vale

A number of new sports sessions for young people will be starting in January.

Delivered by the Vale Council, in partnership with local voluntary organisations, the new sessions are part of the local authority's plan to get more young people than ever taking part in sport in 2017.

The first is a beginners' tennis programme for girls aged 8-10, designed by Judy Murray, mother of tennis superstar Andy Murray.

Part of the council's 'Girls on the Move' campaign, 'Miss Hits' is aimed at girls aged five-eight years, with the sessions designed to ensure girls not only develop their tennis skills, but also have fun and make new friends.

The weekly one-hour sessions will take at Barry Leisure Centre. Starting from Tuesday, January 10, between 4pm-5pm, they will be delivered by Penny, of Barry Community Tennis Club.

Anyone wanting more information, or to book a space, should contact Penny on 07816 311263 or e-mail penny@valetennisacademy.co.uk.

The second is a new pre-school golf programme aimed at two-four year olds. Delivered in partnership with Cottrell Park Golf Club, as part of their Skratz programme, the sessions will be taking place over 6 weeks at The Hub, Barry YMCA.

They start on 12 January, and run Thursday mornings between 10.30am-9.30am.

Golfing toddlers will get the chance to develop their movement skills and hand-eye co-ordination through fun sessions – anyone wanting more information or to book a space should contact Gareth Bennett, golf professional, on 07980 656659.

To find out more about new sporting activities in the Vale, visit @Valesportsnews on Twitter and The Vale Sports & Play Development Team on Facebook.

Glamorgan CC confirm pre-season fixtures

GLAMORGAN have confirmed their 2017 pre-season programme with a visit to Taunton to play Somerset followed by home matches against Gloucestershire and Nottinghamshire.

The first pre-season match will see Jacques Rudolph's side travel to Taunton to play Somerset on Thursday, March 23 and Friday, March 24. The format of the match is yet to be decided.

Following the trip to Somerset, Glamorgan will host Gloucestershire in Cardiff on Monday, March 27, before the first-class season starts with a three-day fixture against Cardiff MCCU from Tuesday to Thursday (March 28-30) also at The SSE SWALEC.

Glamorgan will fine tune their preparations before embarking on the 2017 Specsavers County Championship campaign with a two-day match against Nottinghamshire at The SSE SWALEC on Sunday, April 2 and Monday, April 3.

Admission for all three matches in Cardiff is free of charge. Information about the start times for these pre-season games and their formats will appear in due course on the club website fixture list at www.glamorgancricket.co.uk/fixtures.

Tim's Hereford humdinger!

ABERTHIN'S Tim Vaughan landed the Weatherbys Hamilton Handicap Chase at Hereford last Wednesday with the eight-year-old bay gelding Lake Chapala, who was ridden by Alan Johns.

Lake Chapala, a 6-1 chance, won by a length-and-a-half lengths from Free World.

NEW REPUBLIC VICTORIOUS

Evan Williams's New Republic made good use of his bottom weight of 10 stone in the opening Novices Handicap Hurdle at Wincanton last Saturday when finishing one-and-a-quarter lengths ahead of the top weighted Lillington, who was carrying a hefty 11st, 12lb.

Six-year-old New Republic, a 14-1 outsider, was ridden by stable jockey Paul Moloney.

BRIAN LEE

For the latest stories and breaking news...

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Vale of Glamorgan Football League news round-up

THE Vale League kicked off 2017 in style with 84 goals scored in just 13 league games.

We start in Division Two as Barry Albion stunned league leaders Cadoxton Imps 2-1 with Kyle Day getting both Albion goals.

Despite a second half onslaught Imps couldn't find a way past Albion keeper Rob West and slumped to their second defeat in a row.

That result was good news for Barry Saints who comprehensively won 6-2 against St Athan B, the goals coming from Joe Matthews (2), David Evans (2), Arturs Zomerovskis and Drew Burniston.

The result puts Barry Saints one point behind Imps with the title race well and truly back on in Vale's third tier.

Elsewhere in the division Island Marine B played out a thrilling 5-5 draw with Penarth B, the result enough to move Marine B into fourth. In the battle of the bottom two Rhosee B came out 4-3 victors over FC Pumas B, the result leaves Pumas B seven points adrift at the bottom.

The Division One title race also took a twist as Barry Belgrade were beaten 2-0 by Sully. Belgrade are now three points behind leaders Barry Athletic B with a game in hand.

Fourth place SP Billy drew 2-2 with Dockers and Cogan kept the pressure on fourth with a 3-0 win over Cadoxton Barry with top six now separated by eight points.

In seventh place, Cadoxton Athletic got

their first win after three games without a victory and in some style as they thrashed bottom side Glenbrook 7-1.

In the Premier Division league leaders Vale United played their first competitive game since the end of November, and picked up where they left off with a 6-0 win over bottom side Masons Moving Group. Jay Tominey, Matt Hobbs, Ryan Jenkins, Richard Evans, Dan Hanson and Tom Hopkins getting the goals.

Second place St Athan got back to winning ways after two without a victory, Saints dismantling Dinas Powys Athletic 8-1, Josh Morgan (3), Josh Harfoot (3) and a Karl Steel double keeping St Athan five points behind the leaders.

Cowbridge Town kept the pressure on in third place with a big 2-0 victory over fourth place Penarth Town to leapfrog them and go three points behind second.

Rhosee continued their resurgence with a fifth win on the bounce to go fifth as they put

Tynwydd to the sword 7-0.

Finally, Island Marine produced a fine display to emphatically defeat neighbours Barry Athletic at the Athletic Ground 4-1, Zak Sanders, Taylor Harris, Brad Enticott and Jake Rogers getting the Marine goals to take bragging right in the Island derby.

This week it's a depleted league line-up as the provisional rounds of the divisional cups take place.

Cowbridge play Dinas Athletic and Penarth host Vale United in the historic ASRS Cup, while in the Supporters' Cup Cardiff Airport play Cadoxton Athletic, FC Pumas host Cogan and Barry Belgrade play Barry Athletic in the game of the day, and in the Dockers Cup St Athan B play Barry Saints.

If teams want their goalscorers included in this report, email hweldark@hotmail.co.uk by the day after the game.

HD

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Bridgend Athletic fall to Bonymaen



THERE was to be no repeat of the opening day's 25-6 Bridgend Athletic bonus point win as table-topping Bonymaen exacted revenge at Parc Mawr with a 21-9 home victory.

The home side playing down the considerable slope on their ground put the Athletic under early pressure by using the slope with tactical kicking to the corners.

The Athletic's resolve was finally broken in the 15th minute when they conceded a penalty kicked by centre Richard Cunniffe.

The Athletic scrum was coming under pressure and the Bonymaen 8 took advantage of resultant penalties to keep the pressure on. Two further Cunniffe penalties increased the lead to 9-0.

As the half progressed the Athletic pack settled and came more into the game. No 8 Griff Davies along with flankers Ben Howe and Luke Williams carried and tackled well. Youth hooker Cameron Thomas was also influential in broken play.

From a lineup 30 metres from the Bonymaen try line out half backs Aled Thomas and Sam Richards brought centres Michael Hathaway and Stuart Floyd-Ellis into play.

Bonymaen then infringed at a ruck and Stuart Floyd-Ellis reduced the half-time deficit to 9-3 from the resultant penalty.

It was now the Athletic's turn to use the slope and they went straight on the attack from the resumption of play.

A series of drives at the Bonymaen try line from props Wayne Fooks and Matt Muir and locks Chris John and Jonathon Stoker were halted just short.

However, the pressure told and Bonymaen were penalised inside their own 22.

The Athletic tried firstly kicking to the corner, but their driving maul was halted.

When a second penalty was awarded Stuart Floyd-Ellis went for goal and reduced the deficit to 9-6. Continued Athletic pressure saw the youth centre kick his third penalty - a long range effort from 40 metres - to level the scores.

The Athletic made a hash of the restart inside their own 22 resulting in a line out to the home side.

A resultant planned cross kick from their outside half Ian Brooks saw the Athletic defending too narrow and an easy gather and pick up for an all too familiar try against the Athletic by wing Nathan Brooks. Cunniffe converted to put Bonymaen 16-9 ahead.

The Athletic tried to respond by stretching play across the field. Full



back Dan Howells caused problems with his elusive running but was hauled down a few metres short on two occasions. Wings Chris Walker and Chris Price were also held on determined runs.

The momentum of the game changed in the final quarter. Bonymaen were able to bring on fresh legs in their pack.

Unfortunately, late Athletic withdrawals meant they arrived at Parc Mawr shorn of their proposed forward cover and were only able to bring on youth half backs Dan James and Luke Bevan to see out the game.

The home pack was dominating possession and the set scrum against a tiring Athletic 8 and a carbon copy cross kick saw a late try by home full back Lawrence Thomas deny the Athletic a deserved losing bonus point.

Team manager Paul Hearne commented: "Despite a poor start we clawed back a 9-0 deficit, but lacked the skill to score tries when on top."

The Athletic man of match was lock Chris John, with very good performances from flankers Ben Howe and Luke Williams and hooker Cameron Thomas."

The Athletic will look to bounce back when they entertain Builth Wells on Saturday, January 21.

BRIDGEND ATHLETIC 2ND XV 17, NANTYFYLLON 2ND XV 12
Bridgend Athletic 2nd XV were made to battle hard for a 17-12 victory over their Nantfyllon counterparts, where both sides crossed for two tries.

Outside half Scott Jones, on the end of service from his scrum half-brother Nick Jones, scored all the Athletic's 17 points from two tries, two conversions and a penalty.

The victory was built on good defence and tactical kicking in difficult conditions by Scott Jones and full back Liam Phillips. Prominent in the Athletic pack were flanker Hywel Cosby, lock Lloyd Pemberton and prop Lewis Dando.

AB

Tondu ease to an emphatic win



ABOVE: The team mark the death of Don Owen with a minute's silence.

LEFT: Hywel Davies crosses the tryline. ALL PICTURES BY GARETH ANTHONY



TONDU RFC travelled to Amman Park for this division 2 West encounter with Brynamman second in the table.

The start of the game was marked with a minute's silence for Tondu stalwart Don Owen who sadly passed away during the Christmas break.

When the match got under way it only took five minutes for the visitors to open their account; following a penalty for offside in midfield, Josh Tatchell had no trouble converting.

The next period of play was dominated by the visitors and their reward was a well-engineered 11th minute try for captain Hywel Davies - this was converted by the reliable Tatchell.

Tondu maintained territorial possession and following a lineup drive hooker Jake Lewis got the ball down for a well-deserved try at the base

of the maul. Brynamman came back after this but despite strong pressure failed to capitalise after two infringements by the visitors.

The Tondu management will be happy with the commitment of the defence as the half drew to a close, holding out for a 15-0 half-time lead.

The second half started in much the same vein with Tondu in the ascendancy and it wasn't long before the visitors extended their lead with a well-worked move that sent wing David Povey over for a try.

The pressure was now telling on the home side and Tondu sealed the bonus point with a magical break from full back Aled Jones which resulted in blind side Matthew Morgan crashing over for the try, the extra points added by Tatchell.

Brynamman did come to life a little in the final minutes scoring a try through full back Luke Rees but it was not enough for the home side.

A very good day at the office, though, for Tondu to keep themselves in a strong position as we approach the stop-start period of the Six Nations.

MS

The Bridgend Bulls draw Chargers in Challenge Cup

WELSH Rugby League champions Bridgend Blue Bulls have been drawn away to London Chargers in the first round of the Ladbroke's Challenge Cup.

It's the second time in as many years that the Bulls have been drawn away in rugby's oldest knockout tournament, having been beaten by Egremond Rangers in Cumbria last year.

The Chargers are used to hosting Welsh opposition after Torfaen Tigers and Valley Cougars travelled there last year in the Conference League South competition.

London won both of those games on their way to clinching that league's title, so Bridgend's team manager Steve Smith knows that they're in for a tough task.

"We're excited," he said. "We are looking forward to travelling to and taking on the Chargers. Valley Cougars especially gave them a good game at their place last year and West Wales Raiders beat them at home, so we're confident we can also give it a good go."

"London Chargers are an established successful side with a large pool of players, so it will be a big challenge for use."

"It will be nice to have a journey that's under four hours and hopefully this year, the game won't be played in Baltic conditions."

Wales' two professional sides, North Wales Crusaders and South Wales Ironmen, come into the competition in the third round.

Newman; Second: Irene Thomas and Graham Jones; Third: Chris Rawlings and Gareth Jenkins. The winners on handicap were Norma and David Newman.

Regular club nights take place on Wednesday and Friday evenings at Noltan Church Hall. Play is scheduled to begin at 7pm, so it helps if players arrive at least 10 minutes early.

On Thursday afternoons at 2pm, also at Noltan Church Hall, there is a gentle bridge session. Master points are awarded, but it remains a relaxed occasion where players enjoy their bridge.

TG

Six of the best as Cefn Cribwr defeat promotion rivals

CEFN CRIBWR FC saw fellow promotion chasers Tynte Rovers, who sit just behind in fourth place, travel to a damp and foggy Cae Gof.

Cefn were looking to collect their first points of the year and started very brightly, pressing high up the pitch which caused the visitors problems.

Cefn dictated the game from early on and had a great chance to go ahead when the referee awarded a penalty for a foul on Gordon Watt.

Adam James stepped up but a fantastic save from the travelling keeper kept the game all square.

After some lovely passing from midfield a through ball was played and James latched on to it and made no mistake about the finish.

Cefn pressed and continued to create chances but the visiting keeper ensured the visitors only trailed by a goal at half-time.

The second half started very much as the first ended with Cefn creating a chance which started with the defence picking the ball up and playing through the phases.

The ball fell to winger Dan Jenkins who fired a shot into the bottom corner.

The hosts picked the ball up immediately from the kick off and a fantastic effort from 30 years out by Gordon Watt flew into the top corner to increase the gap between the two teams.

Cefn now attacked with intent and a ball from centre half Geraint Brown found Gwyn Thomas out wide, who played a deft ball into the box for the oncoming evergreen Jon Tossell, who met the ball and fired into the net.

Cefn really had a spring in their step and added another in the shape of Dan Jenkins who sent a rocket into the top corner from 20 yards.

The game was all but done with Tynte pushing to grab a consolation goal when they were awarded a penalty after Geraint Brown took a man down in the box.

Home keeper Richard Jones was reluctant to concede his clean sheet and produced a fantastic save in which Cefn broke away and after some one touch passing, the ball fell to Ben Morgan on the edge of the area, who took a touch and sent the ball home to complete the 6-0 rout.

Cefn would like to thank the fantastic home support and wish Tynte all the best for the rest of the season.

GB

Bridgend Bridge Club results

THE results for recent events at Bridgend Bridge Club are:

Wednesday, January 4: First: John Beard and Ian Sheridan; Second: Steve Burgoyne and Tony Disley; Third: Emer Disley and Debbie Lea. The winners on handicap were Emer Disley and Debbie Lea.

Thursday, January 5: First: Mike Williams and Gareth Jenkins; Second: David Newman and Margaret Roach; Third: Colin Lewis and Ann Fox. The winners on handicap were Mike Williams and Gareth Jenkins.

Friday, January 6: First: Norma and David